

*The Women's Apostolate to Youth invites you to pray*

## **A ROSARY TO END ABORTION**

*in honor of Our Lady of Guadalupe  
Patroness of the Unborn*



***The Women's Apostolate to Youth is a Public Association of the Christian Faithful in the Diocese of Arlington with a mission to promote the spiritual well being of children and youth and to provide spiritual formation and moral support for women who are called to work in a variety of apostolates dedicated to this end. [[womenofway@gmail.com](mailto:womenofway@gmail.com)]***

## THE JOYFUL MYSTERIES

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### 1. The Annunciation

O Sorrowful and Immaculate Heart of Mary, without knowing what this would mean for your future, you responded with joyful obedience to Heaven's request that you carry in your womb the Son of God. Intercede for all those women who are now faced with God's request that they bring new life into the world, that they may lay aside their fears and plans and accept with joy and faith God's plan for them and for their unborn child.

### 2. The Visitation

O Sorrowful and Immaculate Heart of Mary, how gratified you were to have your cousin Elizabeth recognize and affirm the great honor bestowed upon you as Mother of the Messiah! Her miraculous conception in her old age was the sign heaven chose to confirm your own miraculous maternity. Remembering her joy and yours, go in haste to help women in crisis pregnancies who do not know where to turn for help.

### 3. The Birth of Christ

O Sorrowful and Immaculate Heart of Mary, your Child was born in poverty and obscurity and almost immediately faced with destruction: "He came to His own, and His own received Him not." (Jn. 1:11) Yet Divine Providence provided for all the Holy Family's needs and you were taken to a place of safety. Remembering the costly martyrdom of the Holy Innocents, we offer their sacrifice along with all the hardships the Holy Family endured during your time of exile for the rescue of unborn children in danger of being aborted and for the providential provision of all their needs after they are born.

### 4. The Presentation in the Temple

O Sorrowful and Immaculate Heart of Mary, when you and Saint Joseph brought Jesus to the Temple to offer your firstborn Son to the Lord, Simeon rejoiced to have God's promise that he would live to see Israel's Messiah finally fulfilled; but he also prophesied that your Son was "set for the fall and rising of many in Israel and for a sign that is spoken against." Moreover, a sword would pierce your soul also "that thoughts out of many hearts may be revealed." (Lk. 2:34-35) This is what your Son continues to do to this day. His presence, His words, even His very image forces us to reveal the thoughts that we harbor and to choose either to accept or reject Him. Today He echoes the words of Moses: "I call heaven and earth to witness against you this day, that I have set before you life and death, blessing and curse; therefore choose life, that you and your descendants may live." (Dt. 30:19)

### 5. The Finding of the Child Jesus in the Temple

O Sorrowful and Immaculate Heart of Mary, your child was lost to you twice: for three days at the age of twelve and for three days at the age of thirty-three. Have pity on all women who have chosen abortion in the past and now mourn for the loss of their child. Whatever graces sustained you during your own time of trial and loss, extend to them now that they might find peace and healing and the will to become powerful witnesses to the evil of abortion and the sanctity of life.

## **THE SORROWFUL MYSTERIES**

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### **1. The Agony In the Garden**

**"Could you not watch one hour with Me?" Our Lord asked of his disciples in the garden. (Mt.26:40) Overwhelmed with fear and grief, they could not remain awake. O Sorrowful and Immaculate Heart of Mary, awaken the hearts of countless men and women of good will and call them to watch and pray at abortion centers until they are finally closed. Give those of us who respond to this call the strength to watch and pray one hour for those about to die. May our presence at these facilities awaken the consciences of women seeking abortion and give them the courage to trust God and choose life.**

### **2. The Scourging at the Pillar**

**O Sorrowful and Immaculate Heart of Mary, when your son was scourged evil did its worst, for his flesh was not simply whipped, it was ripped to pieces with hooked instruments of torture. Today innocent unborn children are being dismembered in the womb without their mothers truly understanding what is happening. We offer their dreadful suffering in union with the torment Jesus underwent at the command of Pilate, praying that the Spirit of Truth may descend in power and awaken the world to this unspeakably cruel practice, thus ending it forever.**

### **3. The Crowning With Thorns**

**O Sorrowful and Immaculate Heart of Mary, surely your Son's Sacred Heart was most deeply pierced by the rejection of His own people, their mockery and denial of His rightful authority to forgive sin and teach in His Father's Name. Today legalized abortion is the most visible and diabolical manifestation of the rejection of God's law. Through your intercession may all of our legislators, judges and political leaders who support abortion and provide public funding for Planned Parenthood be brought to repentance and conversion. May the Lord in His mercy give us Godly leaders who will respect and protect the right to life and the natural law.**

### **4. The Carrying of the Cross**

**Human nature dreads suffering and flees the Cross; yet Christians know that the Cross--an instrument of torture and execution--was the means by which our salvation was accomplished. Into the deep well of love that is the Sorrowful and Immaculate Heart of Mary, we place those women seeking abortion because they are carrying children who are disabled or deformed and who fear the burden of suffering these children will cause them in the future. May Our Lady's powerful intercession bring them the peace and confidence in God's grace they need to continue their pregnancies.**

### **5. The Crucifixion**

**O Sorrowful and Immaculate Heart of Mary, Christ's sacrifice on the Cross was the costliest and most perfect sacrifice ever offered. Its value and power are infinite. To this supreme sacrifice we unite the sacrifice of each small life taken in abortion, and placing them in your holy hands, we ask you to present this offering of total innocence before the Throne of Grace for the repentance and conversion of those who perform abortions, staff or own abortion centers or in anyway support or profit from abortion.**

## THE GLORIOUS MYSTERIES

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### 1. The Resurrection

O Sorrowful and Immaculate Heart of Mary, those who crucified your Son did their best to hide the truth about His Resurrection. Yet within a very short time, the testimony of those who saw the resurrected Lord brought thousands to faith and to the sacrament of baptism. From its origins the abortion lobby has relied upon lies to elicit support for the killing of unborn children. May your prayers roll back the heavy stone of fear and shame that traps those who work in the abortion industry and lead them to a new life in Christ so that their testimony about the truth of what really goes on in abortion centers may be heard everywhere.

### 2. The Ascension

The disciples witnessed the extraordinary ascent of the resurrected Christ into Heaven where He reigns now in glory. Could any of them have imagined such a scene of victory and vindication during Christ's passion? How often would they have remembered this moment during the sufferings they endured in their apostolic mission? O Sorrowful and Immaculate Heart of Mary, we place before you the countless hours of prayer, fasting and witness at abortion centers and the real suffering endured by those who seek to end abortion. Do not fail to console them, and keep before their eyes the hope of final victory and vindication.

### 3. The Descent of the Holy Spirit on the Day of Pentecost

On the day of Pentecost, the Holy Spirit descended in power with tongues of flame on the Apostles, filling them with courage, zeal and the precise words they needed to preach the Gospel to every soul and nation. O Sorrowful and Immaculate Heart of Mary, intercede for all those who preach the Gospel of life—from the pulpit, in their writings, on street corners--anywhere and everywhere--that they too may be given "tongues of flame." Most especially do we pray for the sidewalk counselors who, at the very last minute, seek to save innocent life. May their words be filled with the converting power of Divine Love.

### 4. The Assumption of the Blessed Virgin Mary into Heaven

We give thanks to God for all those women in crisis pregnancies who chose life and are now raising children who love them and bring them joy. O Sorrowful and Immaculate Heart of Mary, we ask that you care for all of these mothers and their rescued children by placing them under your mantle of maternal affection and protection. Grant to each of them a share in the immense joy you experienced when, as you were assumed into heaven, your Son--with His Glorious Wounds--was restored to you.

### 5. The Crowning of the Blessed Virgin Mary Queen of Heaven and Earth

O Sorrowful and Immaculate Heart of Mary, in being crowned Queen of Heaven and Earth you have been given every possible honor and, as the Mediatrix of All Graces, a spiritual power beyond all imagining. But you have also been charged with crushing the head of Satan so that the Kingship of Christ will finally be recognized throughout the world. We appeal to you, as the Patroness of our country, to bring an end to legalized abortion, to heal the wounds Satan is attempting to inflict on all our families and thus hasten the Triumph of Your Immaculate Heart.