

*Divine Office for the
Sacred Triduum
at St. John the Beloved*



Holy Thursday

7:30 P.M. **MASS OF THE LORD'S SUPPER**

11:50 P.M. **NIGHT PRAYER (PAGE 1)**

Good Friday

8:30 A.M. **MORNING PRAYER (PAGE 4)**

12:00 P.M. **STATIONS OF THE CROSS**

1:00 P.M. **SEVEN LAST WORDS**

3:00 P.M. **SOLEMN LITURGY OF THE LORD'S PASSION**

6:00 A.M. **EVENING PRAYER (PAGE 11)**

6:30-7:30 P.M. **CONFESSIONS**

8:00 P.M. **NIGHT PRAYER (PAGE 1)**

Holy Saturday

8:30 A.M. **MORNING PRAYER (PAGE 18)**

9:00-11:00 A.M. **CONFESSIONS**

1:00 P.M. **BLESSING OF EASTER FOOD**

HOLY THURSDAY
NIGHT PRAYER

V. God, + come to my assistance.

R. Lord, make haste to help me.

V. Glory to the Father and to the Son and to the Holy Spirit,

R. as it was in the beginning, is now and will be forever. Amen.

PENITENTIAL RITE

Examination of Conscience

I confess to Almighty God, and to you my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault. Therefore I ask Blessed Mary ever virgin, all the angels and saints and you my brothers and sisters, to pray for me to the Lord our God.

V. May Almighty God have mercy on us, forgive us our sins
and bring us to everlasting life.

R. Amen.

HYMN

O Christ, You are the light and day,
Which drives away the night,
The ever shining Sun of God,
And pledge of future light.
As now the evening shadows fall,
Please grant us, Lord, we pray,
A quiet night to rest in you,
Until the break of day.
Remember us, poor mortal men,
We humbly ask, O Lord,
And may your presence in our souls,
Be now our great reward.

ANTIPHON

read by priest or cantor

Night holds no terrors for me sleeping under God's wings.

PSALM 91

I. He who dwells under the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: "My refuge,
my stronghold, my God in whom I trust!"

all sit

- II. It is he who will free you from the snare
of the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge.
- I. You will not fear the terror of the night
nor the arrow that flies by day;
nor the plague that prowls in the darkness
nor the scourge that lays waste at noon.
- II. A thousand may fall at your side,
ten thousand fall at your right,
you, it will never approach;
his faithfulness is buckler and shield.
- I. Your eyes have only to look
to see how the wicked are repaid
you who have said: "Lord, my refuge!"
and have made the Most High your dwelling.
- II. Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.
- I. They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.
- II. Since he clings to me in love, I will free him;
protect him for he knows my name.
When he calls I shall answer: "I am with you."
I will save him in distress and give him glory.
- I. With length of life I will content him;
I shall let him see my saving power.
- II. Glory to the Father and to the Son and to the Holy Spirit,
I. as it was in the beginning, is now and will be forever. Amen.

ANTIPHON

all repeat as above

Night holds no terrors for me sleeping under God's wings.

READING

REVELATION 22:4-5

They shall see the Lord face to face and bear His name on their foreheads. The night shall be no more. They will need no light from lamps or the sun, for the Lord God shall give them light, and they shall reign forever.

RESPONSORY

V. For our sake Christ was obedient, accepting even death.

R. For our sake Christ was obedient, accepting even death.

ANTIPHON

read by priest or cantor

Protect us, Lord, as we stay awake;
watch over us as we sleep,
that awake, we may keep watch with Christ,
and asleep, rest in His peace.

all stand

GOSPEL CANTICLE

LUKE 2:29-32

Lord, + now You let Your servant go in peace.

Your word has been fulfilled:

my own eyes have seen the salvation

which You have prepared in the sight of every people:

a light to reveal You to the nations

and the glory of Your people Israel.

Glory to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now and will be forever. Amen.

all pray together

all bow

ANTIPHON

all repeat as above

Protect us, Lord, as we stay awake; watch over us as we sleep,
that awake, we may keep watch with Christ, and asleep, rest in His peace.

PRAYER

V. Lord, we beg You to visit this house and banish from it all the deadly power of the enemy. May Your holy angels dwell here to keep us in peace, and may Your blessing be upon us always. We ask this through Christ our Lord.

R. Amen.

V. May + the all-powerful Lord grant us a restful night and a peaceful death.

R. Amen.

ANTIPHON IN HONOR OF THE BLESSED VIRGIN



GOOD FRIDAY

MORNING PRAYER

V. God, + come to my assistance,
R. Lord, make haste to help me.

all stand

V. Glory to the Father, and to the Son, and to the Holy Spirit,
R. As it was in the beginning, is now, and will be forever. Amen.

all bow

Hymn

**O Sacred Head surrounded
By crown of piercing thorn.
O Bleeding Head, so wounded,
Reviled and put to scorn.
Our sins have marred the glory
Of Thy most holy Face,
Yet angel hosts adore Thee,
And tremble as they gaze.**

**The Lord of ev'ry nation
Was hung upon a tree;
His death was our salvation,
Our sins, his agony.
O Jesus, by Thy Passion,
Thy Life in us increase;
Thy death for us did fashion
Our pardon and our peace.**

ANTIPHON I

led by priest or deacon

God did not spare His own Son, but gave Him up to suffer for our sake.

PSALM 51

I. Have mercy on me, God, in your kindness.
In your compassion blot out my offense.
O wash me more and more from my guilt
and cleanse me from my sin.

all sit

- II. My offenses truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.
- I. That you may be justified when you give sentence
and be without reproach when you judge.
O see, in guilt I was born,
a sinner was I conceived.
- II. Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.
- I. Make me hear rejoicing and gladness,
that the bones you have crushed may revive.
From my sins turn away your face
and blot out all my guilt.
- II. A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.
- I. Give me again the joy of your help;
with a spirit of fervor sustain me,
that I may teach transgressors your ways
and sinners may return to you.
- II. O rescue me, God, my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.
- I. For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.
- II. In your goodness, show favor to Zion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.

- I. Glory to the Father, and to the Son, and to the Holy Spirit,
II. As it was in the beginning, is now, and will be forever. Amen.

all bow

ANTIPHON I

all repeat as above

God did not spare His own Son, but gave Him up to suffer for our sake.

ANTIPHON II

led by priest or deacon

Jesus Christ loved us, and poured out His own blood for us to wash away our sins.

HABAKKUK 3,2-4.13A.15-19

- I. O Lord, I have heard your renown,
and feared, O Lord, your work.
In the course of the years revive it,
in the course of the years make it known;
in your wrath remember compassion!
- II. God comes from Teman,
the Holy One from Mount Paran.
Covered are the heavens with his glory,
and with his praise the earth is filled.
- I. His splendor spreads like the light;
rays shine forth from beside him,
where his power is concealed.
You come forth to save your people,
to save your anointed one.
- II. You tread the sea with your steeds
amid the churning of the deep waters.
I hear, and my body trembles;
at the sound, my lips quiver.
- I. Decay invades my bones,
my legs tremble beneath me.
I await the day of distress
that will come upon the people who attack us.
- II. For though the fig tree blossom not
nor fruit be on the vines
though the yield of the olive fail
and terraces produce no nourishment,

I. Though the flocks disappear from the fold
and there be no herd in the stalls,
yet will I rejoice in the Lord
and exult in my saving God.

II. God, my Lord, is my strength;
he makes my feet swift as those of hinds
and enables me to go upon the heights.

I. Glory to the Father, and to the Son, and to the Holy Spirit,

all bow

II. As it was in the beginning, is now, and will be forever. Amen.

ANTIPHON II

all repeat as above

**Jesus Christ loved us, and poured out His own blood for us
to wash away our sins.**

ANTIPHON III

led by priest or deacon

We worship Your cross, O Lord, and we praise and glorify Your holy resurrection,
for the wood of the cross has brought joy to the world.

PSALM 147,12-20

I. O praise the Lord, Jerusalem!
Zion, praise your God!

II. He has strengthened the bars of your gates,
he has blessed the children within you.
He has established peace on your borders,
he feeds you with finest wheat.

I. He sends out his word to the earth
and swiftly runs his command.
He showers down snow white as wool,
he scatters hoar-frost like ashes.

II. He hurls down hailstones like crumbs.
The waters are frozen at his touch;
he sends forth his word and it melts them:
at the breath of his mouth the waters flow.

I. He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees.

II. Glory to the Father, and to the Son, and to the Holy Spirit,

all bow

I. As it was in the beginning, is now, and will be forever. Amen.

ANTIPHON III

all repeat as above

**We worship Your cross, O Lord, and we praise and glorify Your holy resurrection,
for the wood of the cross has brought joy to the world.**

READING

ISAIAH 52,13-15

See, my servant shall prosper, he shall be raised high and greatly exalted. Even as many were amazed at him – so marred was his look beyond that of man, and his appearance beyond that of mortals – so shall he startle many nations, because of him kings shall stand speechless; for those who have not been told shall see, those who have not heard shall ponder it.

RESPONSORY

V. For our sake Christ was obedient, accepting even death.

R. For our sake Christ was obedient, accepting even death.

CANTICLE OF ZECHARIAH

all stand

ANTIPHON

led by priest or deacon

Over His head they hung their accusation: Jesus of Nazareth, King of the Jews.

LUKE 1,68-79

**Blessed + be the Lord, the God of Israel;
He has come to His people and set them free.**

all pray together

**He has raised up for us a mighty savior,
born of the house of His servant David.**

**Through His holy prophets He promised of old
that He would save us from our enemies,
from the hands of all who hate us.**

**He promised to show mercy to our fathers
and to remember His holy covenant.**

**This was the oath He swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship Him without fear,**

**holy and righteous in His sight,
all the days of our life.**

You my child shall be called the prophet of the Most High;
for you will go before the Lord to prepare His way,
to give His people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death
and to guide our feet into the way of peace.

Glory to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and will be forever. Amen.

all bow

ANTIPHON

all repeat as above

**Over His head they hung their accusation:
Jesus of Nazareth, King of the Jews.**

INTERCESSIONS

For our sake our Redeemer suffered death and was buried, and rose again. With heartfelt love let us adore him, and pray.

Lord, have mercy on us.

Christ our teacher, for our sake you were obedient even to accepting death, teach us to obey the Father's will in all things.

Lord, have mercy on us.

Christ our life, by your death on the cross you destroyed the power of evil and death, may we die with you, to rise with you in glory.

Lord, have mercy on us.

Christ our King, you became an outcast among us, a worm and no man, teach us the humility by which you saved the world.

Lord, have mercy on us.

Christ our salvation, you gave yourself up to death out of love for us, help us to show your love to one another.

Lord, have mercy on us.

Christ our Savior, on the cross you embraced all time with your outstretched arms, unite God's scattered children in your kingdom of salvation.

Lord, have mercy on us.

THE LORD'S PRAYER

**Our Father, who art in heaven,
hallowed by thy name;
Thy kingdom come,
Thy will be done
on earth as it is in heaven;
give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass again us;
and lead us not into temptation
but deliver us from evil.
Amen.**

CLOSING PRAYER

Father, look with love upon your people, the love which our Lord Jesus Christ showed us when he delivered himself to evil men and suffered the agony of the cross, for he lives and reigns with you and the Holy Spirit, one God, forever and ever.
Amen.



GOOD FRIDAY

EVENING PRAYER

Ordinarily prayed only by those who do not participate in the Solemn Liturgy of the Lord's Passion.

V. God, + come to my assistance,
R. Lord, make haste to help me.

all stand

V. Glory to the Father, and to the Son, and to the Holy Spirit,
R. as it was in the beginning, is now, and will be forever. Amen.

all bow

HYMN

When I survey the wondrous cross
On which the Prince of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.

Forbid it, Lord, that I should boast,
Save in the cross of Christ my God,
The vain delights that charm me most:
I sacrifice them to his blood.

See from his head, his hands, his feet
What grief and love flow mingling down;
Did e'er such Love and sorrow meet,
Or thorns compose so rich a crown?

Were all the realm of nature mine,
That were a present far too small;
Love so amazing, so divine,
Demands my soul, my life, my all.

Tune: Rockingham L.M.

Music: Adapted by Edward Miller, 1731-1807,
from A. William's *A Second Supplement to Psalmody in Miniature*, Oxford 1780

Text: Isaac Watts, 1674-1748, slightly adapted

ANTIPHON I

led by priest or deacon

Look well, all you peoples, and see my suffering.

PSALM 116:10-19
Thanksgiving in the Temple

Through Christ let us offer God a continual sacrifice of praise (Hebrews 13:15).

- I. I trusted, even when I said: * *all sit*
“I am sorely afflicted,”
and when I said in my alarm: *
“No man can be trusted.”
- II. How can I repay the Lord *
for his goodness to me?
The cup of salvation I will raise; *
I will call on the Lord’s name.
- I. My vows to the Lord I will fulfill *
before all his people.
O precious in the eyes of the Lord *
is the death of his faithful.
- II. Your servant, Lord, your servant am I; *
you have loosened my bonds.
A thanksgiving sacrifice I make: *
I will call on the Lord’s name.
- I. My vows to the Lord I will fulfill *
before all his people,
in the courts of the house of the Lord, *
in your midst, O Jerusalem.
- I. Glory to the Father, and to the Son, and to the Holy Spirit, *all bow*
- II. As it was in the beginning, is now, and will be forever. Amen.

Psalm Prayer

Father, precious in your sight is the death of the saints, but precious above all is the love with which Christ suffered to redeem us. In this life we fill up in our own flesh what is still lacking in the sufferings of Christ; accept this as our sacrifice of praise, and we shall even now taste the joy of the new Jerusalem.

ANTIPHON

all repeat as above

Look well, all you peoples, and see my suffering.

My soul is in anguish, my heart is in torment.

PSALM 143:1-11
Prayer in distress

A man is not justified by observance of the law but only through faith in Jesus Christ (Galatians 2:16).

- I. Lord, listen to my prayer: *
turn your ear to my appeal.
You are faithful, you are just; give answer. †
Do not call your servant to judgment *
for no one is just in your sight.
- II. The enemy pursues my soul; *
he has crushed my life to the ground;
he has made me dwell in darkness *
like the dead, long forgotten.
Therefore my spirit fails; *
my heart is numb within me.
- I. I remember the days that are past: *
I ponder all your works.
I muse on what your hand has wrought †
and to you I stretch out my hands. *
Like a parched land my soul thirsts for you.
- II. Lord, make haste and answer; *
for my spirit fails within me.
Do not hide your face *
lest I become like those in the grave.
- I. In the morning let me know your love *
for I put my trust in you.
Make me know the way I should walk: *
to you I lift up my soul.
- II. Rescue me, Lord, from my enemies; *
I have fled to you for refuge.
Teach me to do your will *
for you, O Lord, are my God.
Let your good spirit guide me *
in ways that are level and smooth.
- I. For your name's sake, Lord, save my life; *
in your justice save my soul from distress.

II. Glory to the Father, and to the Son, and to the Holy Spirit,

all bow

I. As it was in the beginning, is now, and will be forever. Amen.

Psalm Prayer

Lord Jesus, early in the morning of your resurrection, you made your love known and brought the first light of dawn to those who dwell in darkness. Your death has opened a path for us. Do not enter into judgment with your servants; let your Holy Spirit guide us together into the land of justice.

ANTIPHON

all repeat as above

My soul is in anguish, my heart is in torment.

ANTIPHON III

led by priest or deacon

When Jesus had taken the vinegar, he said: "It is accomplished."
Then he bowed his head and died.

CANTICLE: PHILIPPIANS 2:6-11

Christ, God's holy servant

- I. Though he was in the form of God, †
Jesus did not deem equality with God *
something to be grasped at.
- II. Rather, he emptied himself †
and took the form of a slave, *
being born in the likeness of men.
- I. He was known to be of human estate, *
and it was thus that he humbled himself,
obediently accepting even death, *
death on a cross!
- II. Because of this, *
God highly exalted him
and bestowed on him the name *
above every other name,
- I. So that at Jesus' name *
every knee must bend
in the heavens, on the earth, *
and under the earth,
and every tongue proclaim †
to the glory of God the Father: *
JESUS CHRIST IS LORD!

II. Glory to the Father, and to the Son, and to the Holy Spirit,

all bow

I. As it was in the beginning, is now, and will be forever. Amen.

ANTIPHON

all repeat as above

**When Jesus had taken the vinegar, he said: "It is accomplished."
Then he bowed his head and died.**

READING

1PETER 2:21-24

Christ suffered for you and left you an example, to have you follow in his footsteps. He did no wrong; no deceit was found in his mouth. When he was insulted, he returned no insult. When he was made to suffer, he did not counter with threats. Instead, he delivered himself up to the One who judges justly. In his own body he brought your sins to the cross, so that all of us, dead to sin, could live in accord with God's will. By his wounds you were healed.

RESPONSORY

V. For our sake Christ was obedient, accepting even death.

R. For our sake Christ was obedient, accepting even death.

CANTICLE OF MARY

all stand

ANTIPHON

led by priest or deacon

When we were his enemies, God reconciled us to himself by the death of his Son.

LUKE 1,46-55

My + soul proclaims the greatness of the Lord, †
my spirit rejoices in God my Savior *
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: †
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *

to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

all bow

as it was in the beginning, is now, *
and will be for ever. Amen.

ANTIPHON

all repeat as above

When we were his enemies, God reconciled us to himself by the death of his Son.

INTERCESSIONS

Today we lovingly remember the death of our Lord Jesus Christ, from which was born new life for the whole world. Let us turn to God the Father, and say:

By the merits of your Son's death, hear us, Lord.

Give unity to your Church.

By the merits of your Son's death, hear us, Lord.

Protect Francis, our Pope.

By the merits of your Son's death, hear us, Lord.

Sanctify your people, both clergy and faithful, by your Spirit.

By the merits of your Son's death, hear us, Lord.

Increase faith and understanding in those under instruction.

By the merits of your Son's death, hear us, Lord.

Gather all Christians in unity.

By the merits of your Son's death, hear us, Lord.

Lead the Jewish people to the fullness of redemption.

By the merits of your Son's death, hear us, Lord.

Enlighten with your glory those who do not yet believe in Christ.

By the merits of your Son's death, hear us, Lord.

Show the marks of your love in creation to those who deny them.

By the merits of your Son's death, hear us, Lord.

Guide the minds and hearts of those who govern us.

By the merits of your Son's death, hear us, Lord.

Console all who are troubled.

By the merits of your Son's death, hear us, Lord.

Have pity on those who have died.

By the merits of your Son's death, hear us, Lord.

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed by thy name;
Thy kingdom come,
Thy will be done
on earth as it is in heaven;
give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass again us;
and lead us not into temptation
but deliver us from evil.
Amen.

CLOSING PRAYER

Father,
look with love upon your people,
the love which our Lord Jesus Christ showed us
when he delivered himself to evil men
and suffered the agony of the cross,
for he lives and reigns with you and the Holy Spirit,
one God, forever and ever.
– Amen.

Or:

Look, we pray, O Lord, on this your family,
for whom our Lord Jesus Christ
did not hesitate to be delivered into the hands of the wicked
and submit to the agony of the Cross.
Who lives and reigns with you
in the unity of the Holy Spirit,
one God, for ever and ever.
– Amen.



GOOD FRIDAY

NIGHT PRAYER

Identical to Holy Thursday Night Prayer on page 1.



HOLY SATURDAY

MORNING PRAYER

V. God, + come to my assistance,
R. Lord, make haste to help me.

V. Glory to the Father, and to the Son, and to the Holy Spirit,
R. As it was in the beginning, is now, and will be forever. Amen.

all bow

HYMN

O Sacred Head surrounded, By crown of piercing thorn.
O Bleeding Head, so wounded, Reviled and put to scorn.
Our sins have marred the glory, Of Thy most holy Face,
Yet angel hosts adore Thee, And tremble as they gaze.

The Lord of ev'ry nation, Was hung upon a tree;
His death was our salvation, Our sins, his agony.
O Jesus, by Thy Passion, Thy Life in us increase;
Thy death for us did fashion, Our pardon and our peace.

ANTIPHON I

led by priest or deacon

Though sinless, the Lord has been put to death.
The world is in mourning as for an only son.

PSALM 64

I. Hear my words, O God, as I complain,
guard my life from dread of the foe.
Hide me from the band of the wicked,
from the throng of those who do evil.

all sit

II. They sharpen their tongues like swords;
they aim bitter words like arrows
to shoot at the innocent from ambush,
shooting suddenly and recklessly.

- I. They scheme their evil course;
they conspire to lay secret snares.
They say: “Who will see us?
Who can search out our crimes?”
- II. He will search who searches the mind
and knows the depth of the heart.
God has shot them with His arrow
and dealt them sudden wounds.
Their own tongue has brought them to ruin
and all who see them mock.

- I. Then will all men fear;
they will tell what God has done.
They will understand God’s deeds.
The just will rejoice in the Lord
and fly to him for refuge.
All the upright hearts will glory.

II. Glory to the Father, and to the Son, and to the Holy Spirit,

all bow

I. As it was in the beginning, is now, and will be forever. Amen.

ANTIPHON

all repeat as above

**Though sinless, the Lord has been put to death.
The world is in mourning as for an only son.**

ANTIPHON II

led by priest or deacon

From the jaws of hell, Lord, rescue my soul.

ISAIAH 38,10-14.17-20

- I. Once I said,
“In the noontime of life I must depart!
To the gates of the nether world I shall be consigned
for the rest of my years.”
- II. I said, “I shall see the Lord no more
in the land of the living.
No longer shall I behold my fellow men
among those who dwell in the world.”
- I. My dwelling, like a shepherd’s tent,
is struck down and borne away from me;
you have folded up my life, like a weaver
who severs the last thread.

- II. Day and night you give me over to torment;
I cry out until the dawn.
Like a lion he breaks all my bones;
day and night you give me over to torment.
- I. Like a swallow I utter shrill cries;
I moan like a dove.
My eyes grow weak, gazing heaven-ward:
O Lord, I am in straits; be my surety!
- II. You have preserved my life
from the pit of destruction,
when you cast behind your back
all my sins.
- I. For it is not the nether world that gives you thanks,
nor death that praises you;
neither do those who go down into the pit
await your kindness.
- II. The living, the living give you thanks,
as I do today.
Fathers declare to their sons,
O God, your faithfulness.
- I. The Lord is our savior;
we shall sing to stringed instruments
in the house of the Lord
all the days of our life.
- II. Glory to the Father, and to the Son, and to the Holy Spirit,
- I. As it was in the beginning, is now, and will be forever. Amen.

all bow

ANTIPHON

all repeat as above

From the jaws of hell, Lord, rescue my soul.

ANTIPHON III

led by priest or deacon

I was dead, but now I live forever, and I hold the keys of death and of hell.

PSALM 150

- I. Praise God in his holy place,
praise him in his mighty heavens.
Praise him for his powerful deeds,
praise his surpassing greatness.

II. O praise him with sound of trumpet,
praise him with lute and harp.
Praise him with timbrel and dance,
praise him with strings and pipes.

I. O praise him with resounding cymbals,
praise him with clashing cymbals.
Let everything that lives and that breathes
give praise to the Lord.

II. Glory to the Father, and to the Son, and to the Holy Spirit,

all bow

I. As it was in the beginning, is now, and will be forever. Amen.

ANTIPHON

all repeat as above

I was dead, but now I live forever, and I hold the keys of death and of hell.

READING

HOSEA 5,15B-16,2

Thus says the Lord: In their affliction, they shall look for Me: “Come, let us return to the Lord, For it is He who has rent, but He will heal us; He has struck us, but He will bind our wounds. He will revive us after two days; on the third day He will raise us up, to live in His presence.

RESPONSORY

V. For our sake Christ was obedient, accepting even death.

Therefore God raised him on high and gave Him the name above all other names.

R. For our sake Christ was obedient, accepting even death.

Therefore God raised him on high and gave Him the name above all other names.

CANTICLE OF ZECHARIAH

all stand

ANTIPHON

led by priest or deacon

Save us, O Savior of the world. On the cross You redeemed us
by the shedding of Your Blood; we cry out for Your help, O God.

LUKE 1,68-79

**Blessed + be the Lord, the God of Israel;
He has come to His people and set them free.**

all pray together

**He has raised up for us a mighty savior,
born of the house of His servant David.**

**Through His prophets He promised of old
that He would save us from our enemies,
from the hands of all who hate us.**

He promised to show mercy to our fathers
and to remember His holy covenant.

This was the oath He swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship Him without fear,
holy and righteous in His sight,
all the days of our life.

You my child shall be called the prophet of the Most High;
for you will go before the Lord to prepare His way,
to give His people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death
and to guide our feet into the way of peace.

Glory to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and will be forever. Amen.

all bow

ANTIPHON

all repeat as above

Save us, O Savior of the world. On the cross You redeemed us
by the shedding of Your Blood; we cry out for Your help, O God.

INTERCESSIONS

Our Redeemer suffered and was buried for us in order to rise again. With sincere love we adore
him, and aware of our needs we cry out.

Lord, have mercy on us.

Christ our Savior. Your sorrowing Mother stood by you at your death and burial,
in our sorrows may we share your suffering.

Lord, have mercy on us.

Christ our Lord, like the seed buried in the ground, you brought forth for us the harvest of grace,
may we die to sin and live for God.

Lord, have mercy on us.

Christ, the Good Shepherd, in death you lay hidden from the world,
teach us to love a life hidden with you in the Father.

Lord, have mercy on us.

Christ, the new Adam, you entered the kingdom of death to release all the just since the beginning of the world,
may all who lie dead in sin hear your voice and rise to life.

Lord, have mercy on us.

Christ, Son of the living God, through baptism we were buried with you,
risen also with you in baptism, may we walk in newness of life.

Lord, have mercy on us.

THE LORD'S PRAYER

**Our Father, who art in heaven,
hallowed by thy name;
Thy kingdom come,
Thy will be done
on earth as it is in heaven;
give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation
but deliver us from evil.
Amen.**

CLOSING PRAYER

All-powerful and ever-living God, Your only Son went down among the dead and rose again in glory. In Your goodness raise up Your faithful people, buried with Him in baptism, to be one with Him in the eternal life of heaven, where He lives and reigns with you and the Holy Spirit, one God, forever and ever.

Amen.



