

LAUDS

TWENTY-NINTH SUNDAY OF ORDINARY TIME

LITURGY OF THE HOURS / MORNING PRAYER (WEEK 1)



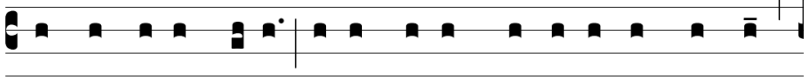
*Please stand and make the Sign of the Cross as priest (or cantor) intones
“O God, come to my assistance.” Bow at “Glory to the Father...Holy
Spirit”*



O God, come to my assistance. **O Lord, make haste**



to help me. **Glo-ry to the Father, and to the Son, and**



to the **Ho-ly Spir-it: as it was in the be-gin-ning, is now,**



and will be for e-ver. Amen. Alle-lu-ia.

**While the Divine Office may be sung, this prayer may be simply recited.
A video will be posted on our website: www.StJohnCatholicMcLean.org (click on
WORSHIP THE LORD, then DIVINE OFFICE) Contact James Senson, Director of
Music, for any questions: JSenson@StJohnCatholicMclean.org*

HYMN

*Praise the Lord! Ye Heavens, Adore Him
Saint Michael Hymnal, #718*

Praise the Lord! Ye heav'ns, adore him;
Praise him, angels, in the height;
Sun and moon, rejoice before him;
Praise him, all ye stars of light.
Praise the Lord! For he hath spoken;
Worlds his mighty voice obeyed;
Laws which never shall be broken
For their guidance hath he made.

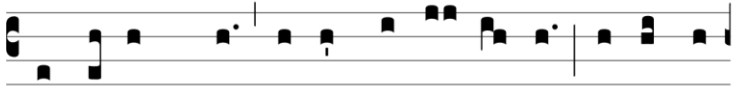
Praise the Lord! For he is glorious;
Never shall his promise fail;
God hath made his saints victorious;
Sin and death shall not prevail.
Praise the God of our salvation!
Hosts on high, his pow'r proclaim;
Heav'n and earth and all creation
Laud and magnify his name.

Please be seated.

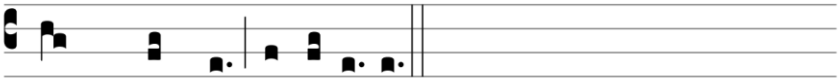
PSALMODY

Psalm verses are sung antiphonally between the cantor (I) and all (II).

ANTIPHON 1



As morning breaks I look to you, O God, to be my



strength this day, al-le-lu-ia.

PSALM 63:2-9

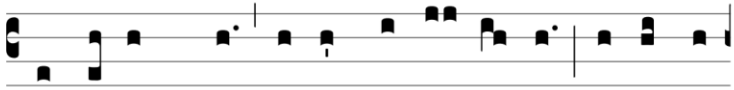


- I *O God*, you are my God, for | you I long; *
for you my | soul is thirsting.
- II My body | pines *for* you *
like a dry, weary land | without water.
- I So I gaze on you in the sanctu- | ary *
to see your strength | and your glory.
- II For your love is better | than life, *
my | lips will speak *your* praise.
- I So I will bless you | all *my* life, *
in your name I | will lift up *my* hands.
- II My soul shall be filled as with a | banquet, *
my mouth shall | praise you with joy.
- I On my bed I re- | mem-ber you. *
On you I | muse through the night.

II for you have | been *my* help; *
 in the shadow of your | wings I rejoice.
 I My soul | clings *to* you; *
 your | right hand holds *me* fast.

Bow at "Glory to the Father.... Holy Spirit."

II Glory to the Father, and | to *the* Son, *
 and to the | Holy Spirit:
 I as it was in the beginning, | is now, *
 and will be for- | ever. Amen.



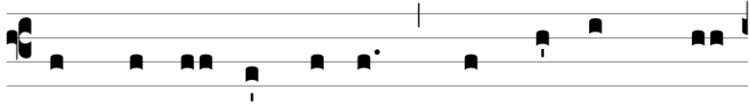
As morning breaks I look to you, O God, to be my



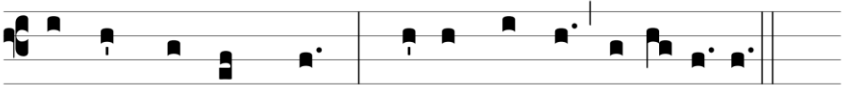
strength this day, al-le-lu-ia.

ANTIPHON 2

F



rom the midst of the flames the three young men



cried out with one voice: Blessed be God, al-le-lu-ia.

CANTICLE: DANIEL 3:57-88,56



- I *Bless the LORD*, all you works | *of the LORD*. *
- Praise and exalt him above | all for e-ver.
- II Angels of the LORD, | *bless the LORD*. *
- You heavens, | *bless the LORD*.
- I All you waters above the heavens, | *bless the LORD*. *
- All you hosts of the LORD, | *bless the LORD*.
- II Sun and moon, | *bless the LORD*. *
- Stars of heaven, | *bless the LORD*.
- I Every shower and dew, | *bless the LORD*. *
- All you winds, | *bless the LORD*.
- II Fire and heat, | *bless the LORD*. *
- Cold and chill, | *bless the LORD*.
- I Dew and rain, | *bless the LORD*. *
- Frost and chill, | *bless the LORD*.
- II Ice and snow, | *bless the LORD*. *
- Nights and days, | *bless the LORD*.
- I Light and darkness, | *bless the LORD*. *
- Lightnings and clouds, | *bless the LORD*.

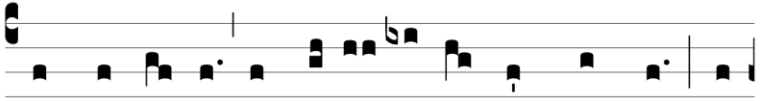
- II Let the earth | bless *the* LORD. *
 Praise and exalt him above | all for *e-ver*.
- I Mountains and hills, | bless *the* LORD. *
 Everything growing from the earth, | bless the LORD.
- II You springs, | bless *the* LORD. *
 Seas and rivers, | bless the LORD.
- I You dolphins and all water creatures, | bless *the* LORD. *
 all you birds of the air, | bless the LORD.
- II All you beasts, wild and tame, | bless *the* LORD. *
 You sons of men, | bless the LORD.
- I O Israel, | bless *the* LORD. *
 Praise and exalt him above | all for *e-ver*.
- II Priests of the LORD, | bless *the* LORD. *
 Servants of the LORD, | bless the LORD.
- I Spirits and souls of the just, | bless *the* LORD. *
 Holy men of humble heart, | bless the LORD.
- II Hananiah, Azariah, Mishael, | bless *the* LORD. *
 Praise and exalt him above | all for *e-ver*.
- I Let us bless the Father, and the Son, and the Holy | Spirit. *
 Let us praise and exalt him above | all for *e-ver*.
- II Blessed are you, LORD, in the firmament of | heaven. *
 Praiseworthy and glorious and exalted above | all fore-ver.

F

rom the midst of the flames the three young men

cried out with one voice: Blessed be God, al-le-lu-ia.

ANTIPHON 3



L et the people of Zi- on re-joyce in their King, al-



le-lu- ia.

PSALM 149



- I Sing a | new song to *the* LORD, *
 His praise in the assembly | of the faith-ful.
- II Let Israel re- | joyce *in* its maker, *
 let Zion's sons e- | xult in their king.
- I Let them praise His | name with dancing *
 and make music with | timbrel and harp.
- II For the LORD takes de- | light *in* his people. *
 He crowns the poor | with sal-va-tion.
- I Let the faithful re- | joyce *in* their glory, *
 shout for joy | and take their rest.
- II Let the praise of | God be on *their* lips *
 and a two-edged | sword in their hand,
- I to deal out vengeance | to the nations *
 and punishment on | all the peo-ples;
- II to | bind their kings *in* chains *
 and their no- | bles in fetters of iron;

RESPONSORY

C hrist, son of the liv-ing God, have mercy on us.

Christ, son of the liv-ing God, have mercy on us. You

are sea-ted at the right hand of the Father, have mercy

on us. Glo-ry to the Father and to the Son, and to

the Ho-ly Spi- rit. Christ, son of the liv-ing God, have

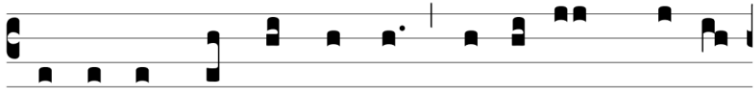
mercy on us.

Please stand.

BENEDICTUS

Luke 1:68-79

ANTIPHON: CANTICLE OF ZECHARIAH



The Son of Man did not come to be served but to



serve, and to give his life as a ransom for ma-ny.

Make the Sign of the Cross as all sing "Blessed be the LORD, the God of Israel."



all: Bless-ed be the LORD, the God of | Is-ra-el; *

He has come to his peo- | ple and set *them* free.

He has raised up for us a mighty | savior, *

born of the house of his | servant David.

Through His holy prophets he promised | of old †

that he would save us from our | en-e-mies, *

from the hands of | all who hate us.

He pro- mised to show mercy to our | fathers *

and to remember his | holy co-ve-nant.

This was the oath he swore to our father | Ab-ra-ham: *

to set us free from the hands | of our en-e-mies,

Free to worship him with- | out fear, *

holy and righteous in his sight all the | days of our life.

*You, my child, shall be called the prophet of the | Most High;**
for you will go before the LORD | to prepare *his* way,

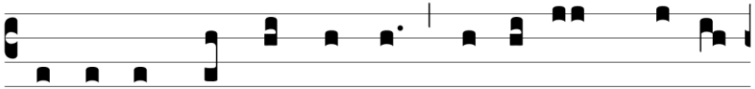
*To give his people knowledge of sal- | vation **
by the for- | giveness of *their* sins.

In the tender compassion of | our God *
the dawn from on high shall | break upon us,

To shine on those who dwell in dark- | ness †
and the shadow | of death, *
and to guide our feet in- | to the way *of* peace.

Glory to the Father and | to *the* Son, *
and to the | Holy Spirit:

As it was in the beginning | is now, *
and will be for- | ever. Amen.



The Son of Man did not come to be served but to



serve, and to give his life as a ransom for ma-ny.

INTERCESSIONS

Christ is the sun that never sets, the true light that shines on every man. Let us call out to him in praise:



Lord, you are our life and our salvation.

Creator of the stars, we thank you for your gift, the first rays of the dawn,
—and we commemorate your resurrection.

Lord, you are our life and our salvation.

May your Holy Spirit teach us to do your will today,
—and may your Wisdom guide us always.

Lord, you are our life and our salvation.

Each Sunday give us the joy of gathering as your people,
—around the table of your Word and your Body.

Lord, you are our life and our salvation.

From our hearts we thank you,
—for your countless blessings.

Lord, you are our life and our salvation.

Christ Jesus, you sent the Paraclete who proceeds from the Father to bear witness to you,
—enable us also to be your witnesses before men.

Lord, you are our life and our salvation.

OUR FATHER



Our Father, Who art in heaven, hallowed be Thy
Name. Thy Kingdom come, Thy will be done, on earth as it
is in heaven. Give us this day our daily bread, and forgive us
our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but de-liv-er us from e-vil.

The image shows a musical score for the hymn 'Our Father'. It consists of five staves of music, each with a treble clef and a common time signature (C). The lyrics are written below the staves, with a large initial 'O' at the beginning. The music is written in a simple, rhythmic style, with notes and rests clearly visible. The lyrics are: 'Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but de-liv-er us from e-vil.'

PRAYER

Almighty and ever-living God,
our source of power and inspiration,
give us strength and joy
in serving you as followers of Christ,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

Amen.

DISMISSAL

**May the LORD bless us, (*make the Sign of the Cross*)
protect us from all evil
and bring us to everlasting life.
Amen.**

Credits:

Christ Blessing – Giovanni Bellini (1500)

Gregorio software