

LAUDS

THE ASCENSION OF THE LORD

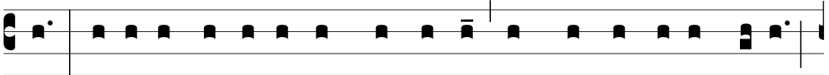
LITURGY OF THE HOURS / MORNING PRAYER



*Please stand and make the Sign of the Cross as priest (or cantor) intones
“O God, come to my assistance.” Bow at “Glory to the Father...Holy
Spirit”*



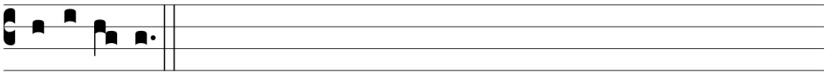
O God, come to my assis-tance. O Lord, make haste to help



me. Glo-ry to the Father, and to the Son, and to the Ho-ly Spi-rit:



as it was in the be-ginning, is now, and will be for e-ver. Amen.



Alle- lu- ia.

**While the Divine Office may be sung, this prayer may be simply recited.
A video will be posted on our website: www.StJohnCatholicMcLean.org (click on
WORSHIP THE LORD, then DIVINE OFFICE) Contact James Senson, Director of
Music, for any questions: JSenson@StJohnCatholicMclean.org*

HYMN

Sing We Triumphant Hymns of Praise
Saint Michael Hymnal, #753

Sing we triumphant hymns of praise
To greet our Lord these festive days, Alleluia!
Who by a road before untrod
Ascended to the throne of God, Alleluia!

In wond'ring awe his faithful band
Upon the Mount of Olives stand. Alleluia!
And with the Virgin Mother see
Their Lord ascend in majesty. Alleluia!

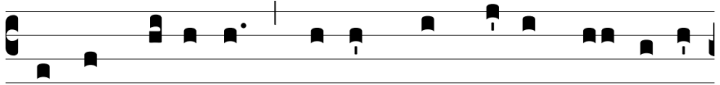
O risen Christ, ascended Lord,
All praise to you let earth accord, Alleluia!
Who are, while endless ages run,
With Father and with Spirit, One. Alleluia!

Please be seated.

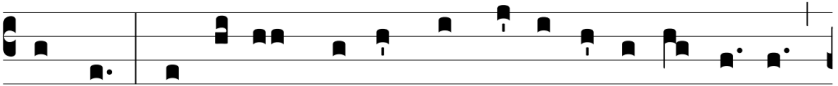
PSALMODY

Psalm verses are sung antiphonally between the cantor (I) and all (II).

ANTIPHON 1



Men of Ga-li-lee, why are you looking up into



the sky? This Je-sus who has been ta-ken up in-to hea-ven



will re-turn in the same way, al-le-lu-ia.

PSALM 63:2-9



- I *O God*, you are my God, for | you *I* long; *
for you my | soul is thirsting.
- II My body | pines *for* you *
like a dry, weary land | without water.
- I So I gaze on you in the sanctu- | ary *
to see your strength | and your glory.
- II For your love is better | than life, *
my | lips will speak *your* praise.
- I So I will bless you | all *my* life, *
in your name I | will lift up *my* hands.

ANTIPHON 2

G

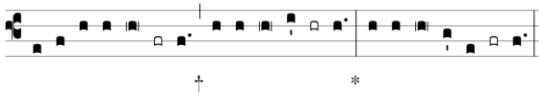


ive glo-ry to the King of kings, sing praise to



God, al-le-lu-ia.

CANTICLE: DANIEL 3:57-88,56



- I *Bless the LORD*, all you works | of *the LORD*. *
Praise and exalt him above | all for e-ver.
- II Angels of the LORD, | *bless the LORD*. *
You heavens, | *bless the LORD*.
- I All you waters above the heavens, | *bless the LORD*. *
All you hosts of the LORD, | *bless the LORD*.
- II Sun and moon, | *bless the LORD*. *
Stars of heaven, | *bless the LORD*.
- I Every shower and dew, | *bless the LORD*. *
All you winds, | *bless the LORD*.
- II Fire and heat, | *bless the LORD*. *
Cold and chill, | *bless the LORD*.
- I Dew and rain, | *bless the LORD*. *
Frost and chill, | *bless the LORD*.
- II Ice and snow, | *bless the LORD*. *
Nights and days, | *bless the LORD*.
- I Light and darkness, | *bless the LORD*. *
Lightnings and clouds, | *bless the LORD*.

- II Let the earth | bless *the* LORD. *
 Praise and exalt him above | all for *e-ver*.
- I Mountains and hills, | bless *the* LORD. *
 Everything growing from the earth, | bless the LORD.
- II You springs, | bless *the* LORD. *
 Seas and rivers, | bless the LORD.
- I You dolphins and all water creatures, | bless *the* LORD. *
 all you birds of the air, | bless the LORD.
- II All you beasts, wild and tame, | bless *the* LORD. *
 You sons of men, | bless the LORD.
- I O Israel, | bless *the* LORD. *
 Praise and exalt him above | all for *e-ver*.
- II Priests of the LORD, | bless *the* LORD. *
 Servants of the LORD, | bless the LORD.
- I Spirits and souls of the just, | bless *the* LORD. *
 Holy men of humble heart, | bless the LORD.
- II Hananiah, Azariah, Mishael, | bless *the* LORD. *
 Praise and exalt him above | all for *e-ver*.
- I Let us bless the Father, and the Son, and the Holy | Spirit. *
 Let us praise and exalt him above | all for *e-ver*.
- II Blessed are you, LORD, in the firmament of | heaven. *
 Praiseworthy and glorious and exalted above | all *fore-ver*.



G

ive glo-ry to the King of kings, sing praise to



God, al-le-lu-ia.

ANTIPHON 3



As they watched, he was lif-ted up, and a cloud took



him from their sight, al-le-lu-ia.

PSALM 149



- I *Sing a* | new song to *the* LORD, *
 His praise in the assembly | of the faith-ful.
- II Let Israel re- | *joice in* its maker, *
 let Zion's sons e- | xult in their king.
- I Let them praise His | name with dancing *
 and make music with | timbrel and harp.
- II For the LORD takes de- | light *in* his people. *
 He crowns the poor | with sal-va-tion.
- I Let the faithful re- | *joice in* their glory, *
 shout for joy | and take their rest.
- II Let the praise of | God be on *their* lips *
 and a two-edged | sword in their hand,
- I to deal out vengeance | to the nations *
 and punishment on | all the peo-ples;
- II to | bind their kings *in* chains *
 and their no- | bles in fetters of iron;
- I to carry out the | sentence pre-*or*-dained; *

this honor is for | all his faith-ful.

II Glory to the | *Fa-ther* and to *the* Son, *
and to the | Holy Spir-it:

I as it was in the be- | ginning is now, *
and will be for- | ever. A-men.



As they watched, he was lif-ted up, and a cloud took



him from their sight, al-le-lu-ia.

READING

Hebrews 10:12-14

Jesus offered one sacrifice for sins and took his seat forever at the right hand of God; now he waits until his enemies are placed beneath his feet. By one offering he has forever perfected those who are being sanctified.

RESPONSORY

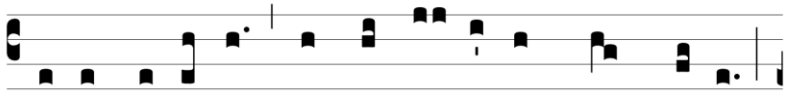
C hrist ascended into heaven, al-le-lu-ia, al-le-lu-
ia. **Christ** ascended into heaven, al-le-lu-ia, alle-lu-
ia. He led capti-vi-ty captive, **al-le-lu-ia, alle-lu-ia.**
Glo-ry to the Father, and to the Son, and to the Ho-ly Spi-
rit. **Christ** ascended into heaven, al-le-lu-ia, alle-lu-ia.

Please stand.

BENEDICTUS

Luke 1:68-79

ANTIPHON: CANTICLE OF ZECHARIAH



I am ascending to my Fa-ther and your Father,



to my God and your God, al-le-lu-ia.

Make the Sign of the Cross as all sing "Blessed be the LORD, the God of Israel."



*all: Bless-ed be the LORD, the God of | Is-ra-el; **

He has come to his peo- | ple and set *them* free.

*He has raised up for us a mighty | savior, **
born of the house of his | servant David.

Through His holy prophets he promised | of old †
that he would save us from our | en-e-mies, *
from the hands of | all who hate us.

*He pro-mised to show mercy to our | fathers **
and to remember his | holy co-ve-nant.

*This was the oath he swore to our father | Ab-ra-ham: **
to set us free from the hands | of our en-e-mies,

*Free to worship him with- | out fear, **
holy and righteous in his sight all the | days of our life.

*You, my child, shall be called the prophet of the | Most High;**
for you will go before the LORD | to prepare *his* way,


*To give his people knowledge of sal- | vation **
by the for- | giveness of *their* sins.

*In the tender compassion of | our God **
the dawn from on high shall | break upon us,


To shine on those who dwell in dark- | ness †
and the shadow | of death, *
and to guide our feet in- | to the way of peace.

*Glory to the Father and | to the Son, **
and to the | Holy Spirit:

*As it was in the beginning | is now, **
and will be for- | ever. Amen.



I am ascending to my Fa-ther and your Father,



to my God and your God, al-le-lu-ia.

OUR FATHER



Our Father, Who art in heaven, hallowed be Thy
Name. Thy Kingdom come, Thy will be done, on earth as it
is in heaven. Give us this day our daily bread, and forgive us
our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but de-liv-er us from e-vil.

PRAYER

God our Father,
make us joyful in the ascension of your Son Jesus Christ.
May we follow him into the new creation,
for his ascension is our glory and our hope.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
Amen.

DISMISSAL

May the LORD bless us, *(make the Sign of the Cross)*
protect us from all evil
and bring us to everlasting life.
Amen.

Credits:

Ascension – Giotto, 14th Century
Gregorio software