

LAUDS

FOURTH SUNDAY OF LENT

LITURGY OF THE HOURS / SUNDAY MORNING PRAYER

Please stand and make the sign of the cross as priest (or cantor) intones "O God, come to my assistance." Bow at "Glory to the Father...Holy Spirit"

O

God, come to my assistance. *All:* O Lord, make

haste to help me. Glory to the Father and to the Son, and to

the Ho-ly Spi-rit: as it was in the be-ginning, is now, and will

be for ever. Amen.

**While the singing of the Divine Liturgy is preferred, this prayer may be simply recited. A video will be posted on our website: www.StJohnCatholicMcLean.org
Contact James Senson, Director of Music, for any questions:
JSenson@StJohnCatholicMcLean.org*

HYMN

*Lord, Who Throughout These Forty Days
Saint Michael Hymnal, #625*

Lord, who throughout these forty days
For us didst fast and pray,
Teach us with thee to mourn our sins,
And close by thee to stay.

As thou with Satan didst contend,
And didst the vict'ry win
O give us strength in thee to fight,
In thee to conquer sin.

As thou didst hunger bear and thirst,
So teach us, gracious Lord,
To die to self, and ever live
By thy most holy word.

And through these days of penitence,
And through thy Passiontide,
Forevermore, in life and death,
O Lord, with us abide.

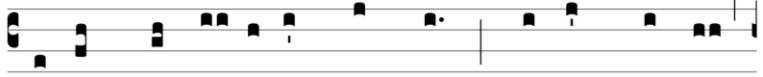
Abide with us that when this life
Of suffering is past,
An Easter of unending joy
We may attain at last!

Please be seated.

PSALMODY

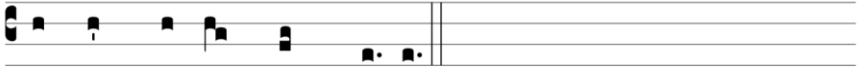
Psalm verses are sung antiphonally between the cantor (I) and all (II).

ANTIPHON 1



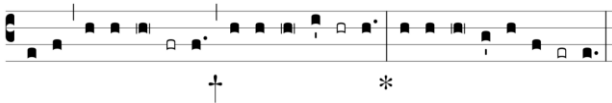
O

God, my God, I give you thanks; you are my God,



I shall proclaim your glo-ry.

PSALM 118



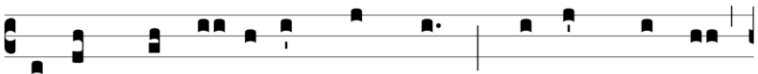
- I Give thanks to the LORD for | he *is* good, *
for his mercy en- | dures for ever.
- II Let the sons of | *Is-rael* say: *
“His love en- | dures for ever.”
- I Let the sons of | *A-aron* say, *
“His love en- | dures for ever.”
- II Let those who fear the | LORD say: *
“His love en- | dures for ever.”
- I I called to the LORD in | my *di*-stress; *
he an- | swered and freed me.
- II The LORD is at my side; I | do *not* fear; *
What can man | do against me.
- I The LORD is at my side as my | helper: *
I shall look | down on my foes.

- II It is better to take refuge | in *the* LORD *
 --- | than to trust *in* men:
- I it is better to take refuge | in *the* LORD *
 than to | trust in princes.
- II The nations all en- | com-*passed* me; *
 in the LORD's | name I crushed them.
- I They compassed me, compassed | me *a-*bout; *
 in the LORD's | name I crushed them.
- II They compassed me about † *like* bees;
 they blazed like a fire a- | mong thorns. *
 In the LORD's | name I crushed them.
- I I was hard-pressed and was | falling *
 but the LORD | came to help me.
- II The LORD is my strength | and *my* song; *
 he | is my savior.
- I There are shouts of joy and | vic-*to-*ry *
 in the | tents of the just.
- II The LORD's right hand has | triumphed; *
 his | right hand raised me.
- I The LORD's right hand has | triumphed; *
 I shall not die, I shall live | and recount *his* deeds.
- II I was punished, I was punished | by *the* LORD, *
 --- | but not doomed *to* die.
- I Open to me the gates of | ho-*li-*ness: *
 I will en- | ter and *give* thanks.
- II This is the LORD's | own gate *
 where the | just may enter.
- I I will thank you for you have | answered *
 and you | are my savior.
- II The stone which the builders re- | jected *
 has be- | come the cor-*ner* stone.

- I This is the work | of *the* LORD, *
a | marvel in *our* eyes.
- II This day was made | by *the* LORD, *
we re- | jice and are glad.
- I O LORD, grant us sal- | vation; *
O | LORD, grant success.
- II Blessed in the name | of *the* LORD *
--- | is he who comes.
- I We bless you from the house | of *the* LORD; *
the LORD | God is our light.
- II Go forward in procession with branches even to the † *al-tar*.
You are my God, and I | thank you. *
My | God, I praise you.
- I Give thanks to the LORD for | he *is* good; *
for his love en- | dures for ever.

Bow at "Glory to the Father.... Holy Spirit."

- II Glory to the Father and | to *the* Son, *
and to the | Holy Spirit:
- I as it was in the beginning | is now, *
and will be for- | ever. Amen.

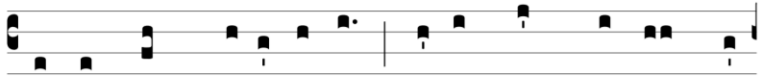
O  God, my God, I give you thanks; you are my God,



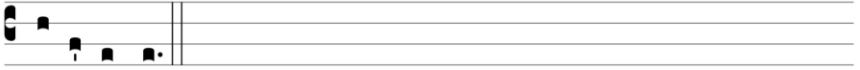
I shall proclaim your glo-ry.

ANTIPHON 2

G



od of might de-liv-er us; free us from the power of



the enemy.

CANTICLE: DANIEL 3:52-57



- I *Blessed* are you O LORD, the God of our | fathers, *
praiseworthy and exalted above | all forever.
- II And blessed is your holy and | *glo-rious* name, *
praiseworthy and exalted above | all for ages.
- I Blessed are you in the temple of your holy | glory, *
praiseworthy and exalted above | all forever.
- II Blessed are you on the throne of your | kingdom, *
praiseworthy and exalted above | all forever.
- I Blessed are you who look into † *the* depths
from your throne upon the | cherubim, *
praiseworthy and exalted above | all forever.
- II Blessed are you in the firmament of | heaven, *
praiseworthy and glo- | rious forever.
- I Bless the LORD, all you works | of *the* LORD, *
praise and exalt him above | all forever.
- II Glory to the Father and | to *the* Son, *
and to the | Holy Spirit:

I as it was in the beginning | is now, *
and will be for- | ever. Amen.

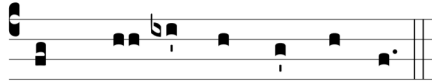


G od of might de-liv-er us; free us from the power of



the enemy.

ANTIPHON 3



P raise God for his mighty deeds.

PSALM 150

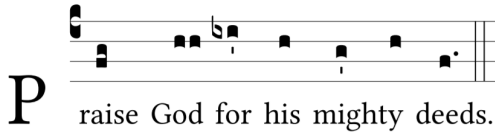


- I *Praise God* | in His holy place, *
praise Him in his | mighty hea-vens.
- II Praise Him for His | powerful deeds, *
praise His sur- | passing great-ness.
- I O praise Him with | sound of trumpet, *
praise | Him with lute and harp.
- II Praise Him with | timbrel and dance, *
praise | Him with strings and pipes.
- I O praise Him with re- | sounding cymbals, *
Praise Him with clash- | ing of cym-bals.
- II Let everything that | lives and that breathes *

give | praise to the LORD.

I Glory to the | *Father* and to *the Son*, *
and to the | Holy Spir-it:

II as it was in the be- | ginning is now, *
and will be for- | ever. A-men.



EPISTLE

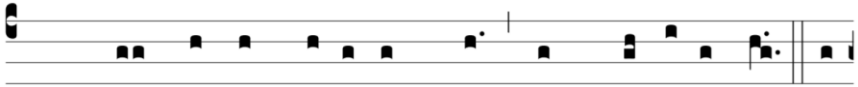
Nehemiah 8:9,10

Today is holy to the LORD your God. Do not be sad, and do not weep; for today is holy to our LORD. Do not be saddened this day, for rejoicing in the LORD must be your strength!

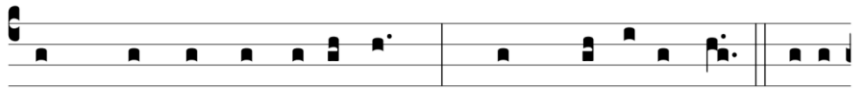
RESPONSORY



C hrist, Son of the li-ving God, have mercy on us.



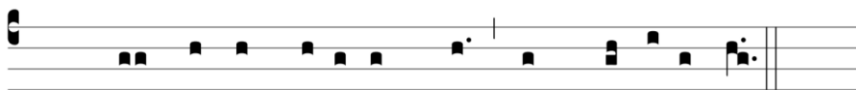
All: Christ, Son of the li-ving God, have mercy on us. You



have wounded our offenses, *All:* have mercy on us. Glory



to the Father, and to the Son, and to the Ho-ly Spi-rit.

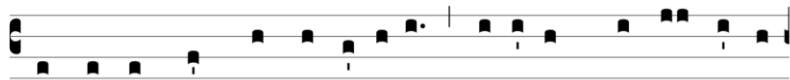


All: Christ, Son of the li-ving God, have mercy on us.

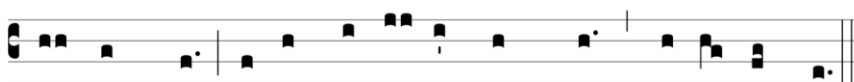
Please stand.

CANTICLE OF ZECHARIAH

Luke 1:68-79



It was unheard of for any-one to open the eyes of a



man born blind until the co-ming of Christ, the Son of God.

Make the sign of the cross as all sing "Blessed be the LORD, the God of Israel."



†

*

all: Bless-ed be the LORD, the God of | Is-ra-el; *

He has come to his peo- | ple and set *them* free.

He has raised up for us a mighty | savior, *
born of the house of his | servant David.

Through His holy prophets He promised † of old
that He would save us from our | en-e-mies, *
from the hands of | all who hate us.

*He pro-*mitted to show mercy to our | fathers *
and to remember His | holy co-ve-nant.

This was the oath he swore to our father | Ab-ra-ham: *
to set us free from the hands | of our en-e-mies,

free to worship Him with- | out fear, *

holy and righteous in his sight all the | days of our life.

You, my child, shall be called the prophet of the | Most High;*
for you will go before the LORD | to prepare his way,

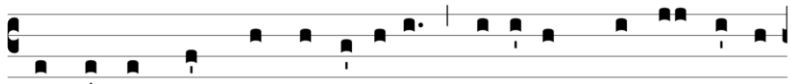
to give His people knowledge of sal- | vation *
by the for- | giveness of *their* sins.

In the tender compassion of | our God *
the dawn from on high shall | break upon us,

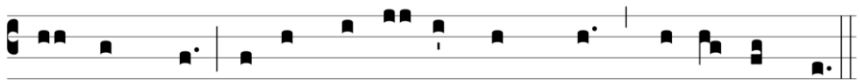
to shine on those who dwell in dark-†ness
and the shadow | of death, *
and to guide our feet in- | to the way of peace.

Glory to the Father and | to *the* Son, *
and to the | Holy Spirit:

as it was in the beginning | is now, *
and will be for- | ever. Amen.



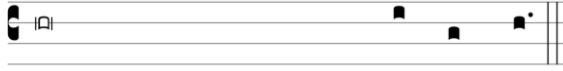
I t was unheard of for any-one to open the eyes of a



man born blind until the co-ning of Christ, the Son of God.

INTERCESSIONS

Let us give glory to God, whose kindness knows no limit. Through Jesus Christ, who lives for ever to intercede for us, let us pray:



Kindle in our hearts the fire of your love.

God of mercy, let today be a day rich in good works,
—a day of generosity to all we meet.

Kindle in our hearts the fire of your love.

From the waters of the flood you saved Noah through the ark,
—from the waters of baptism raise up to new life those under
instruction.

Kindle in our hearts the fire of your love.

May we live not by bread only,
—but by every word falling from your lips.

Kindle in our hearts the fire of your love.

Help us to do away with all dissension,
—so that we may rejoice in your gifts of peace and love.

Kindle in our hearts the fire of your love.

PATER NOSTER

PATER NOSTER, qui es in caelis, sanctificetur nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in caelo et in terra. Panem nostrum quotidianum da nobis hodie, et dimitte nobis debita nostra sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem, sed libera nos a malo.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

PRAYER

Father of peace,
we are joyful in your Word,
your Son Jesus Christ,
who reconciles us to you.

Let us hasten toward Easter
with the eagerness of faith and love.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

Amen.

DISMISSAL

May the LORD bless us *(make the sign of the cross)*

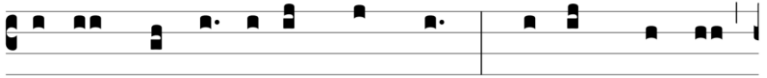
**protect us from all evil
and bring us to everlasting life.**

Amen.

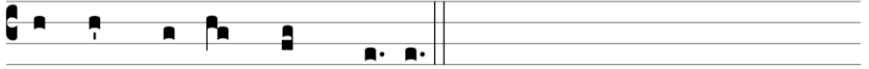
name:O God, my God, I give you thanks;

%%

(c3)O(i) God,(ii) my(gh) God,(i.) I(i) give(ij) you(j) thanks;(i.) (:) you(i) are(ij) my(h) God,(hh) (.) I(h) shall(h') pro(g)claim(hg) your(fg) glo(e).ry.(e.) (::)



O God, my God, I give you thanks; you are my God,

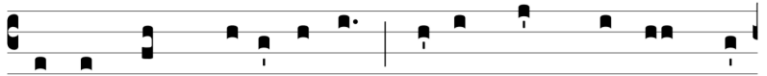


I shall proclaim your glo-ry.

name:God of might deliver us;

%%

(c3)God(e) of(e) might(fh) de(h)liv(g'er(h) us;(i.) (:) free(h') us(i) from(j') the(i) power(hh) of(g') the(h) en(f')e(e)my.(e.) (::)



God of might de-liv-er us; free us from the power of

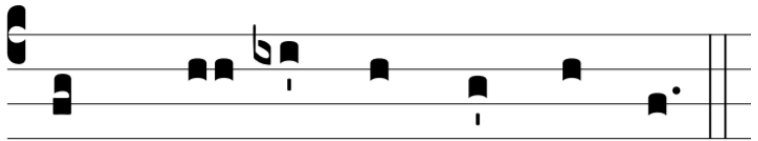


the enemy.

name:Praise God for his mighty deeds;

%%

(c4)Praise(fg) God(hh) for(ixi') his(h) migh(g'ty(h) deeds.(f.) (::)



Praise God for his mighty deeds.

name:Christ, Son of the living God;

%%

(c4)Christ,(gg) Son(h) of(h) the(h) li(g)ving(g) God,(h.) (.) have(g) mer(gh)cy(i) on(g) us.(h.g.) (::) <i><sp>All:</sp></i>
Christ,(gg) Son(h) of(h) the(h) li(g)ving(g) God,(h.) (.) have(g) mer(gh)cy(i) on(g) us.(h.g.) (::) You(g) have(g) wound(g)ed(g) our(g) of(g)fen(gh)ses,(h.) (.) <i><sp>All:</sp></i> have(g) mer(gh)cy(i) on(g) us.(h.g.) (::) Glo(g)ry(g) to(g) the(g) Fa(g)ther,(h_) and(h) to(h) the(g) Son,(h.) (.) and(h) to(h) the(h) Ho(g)ly(h) Spi(i)rit.(h) (.) <i><sp>All:</sp></i> Christ,(gg) Son(h) of(h) the(h) li(g)ving(g) God,(h.) (.) have(g) mer(gh)cy(i) on(g) us.(h.g.) (::)

name:It was unheard of for anyone;

%%

(c3)It(e) was(e') un(e)heard(f) of(h) for(h) a(g')ny(h)one(i.) (.) to(i) o(i')pen(h) the(i) eyes(jj) of(i') a(h) man(hh) born(g)
blind(f.) (:) un(f)til(h) the(i) co(jj)ming(i') of(h) Christ,(h.) (.) the(h) Son(hg) of(fg) God.(e.) (:)

I t was unheard of for any-one to open the eyes of a

The image shows a musical staff with a treble clef and a common time signature. The melody consists of a series of quarter and eighth notes, with some notes beamed together. The notes are placed on the staff lines and correspond to the syllables of the text below. The text is: "I t was unheard of for any-one to open the eyes of a".

man born blind until the co-ming of Christ, the Son of God.