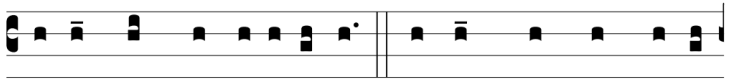


# LAUDS

## FIRST SUNDAY OF ADVENT

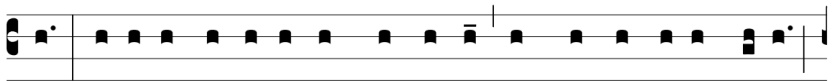
LITURGY OF THE HOURS / MORNING PRAYER

*Please stand and make the Sign of the Cross as the priest (or cantor) intones "O God, come to my assistance." Bow at "Glory to the Father...Holy Spirit"*



O

God, come to my assis-tance. O Lord, make haste to help



me. Glo-ry to the Father, and to the Son, and to the Ho-ly Spi-rit:



as it was in the be-ginning, is now, and will be for e-ver. Amen.



Alle- lu- ia.

**HYMN**

*O Come, O Come, Emmanuel*  
*Saint Michael Hymnal, #652*

O come, O come, Emmanuel,  
And ransom captive Israel,  
That mourns in lonely exile here  
Until the Son of God appear.

**Rejoice! Rejoice! Emmanuel**  
**Shall come to thee, O Israel.**

O come, thou Wisdom from on high,  
Who ord'rest all things mightily;  
To us the path of knowledge show,  
And teach us in her ways to go.


**Rejoice! Rejoice! Emmanuel**  
**Shall come to thee, O Israel.**

*Please be seated.*

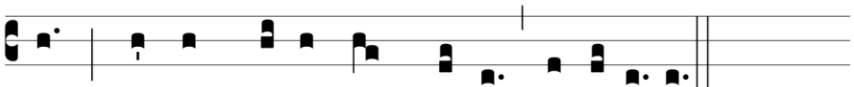
# PSALMODY

*Psalm verses are sung antiphonally between the cantor (I) and all (II).*

## ANTIPHON 1



**O**n that day sweet wine will flow from the moun-



tains, milk and honey from the hills, al-le-lu-ia.

## PSALM 63:2-9




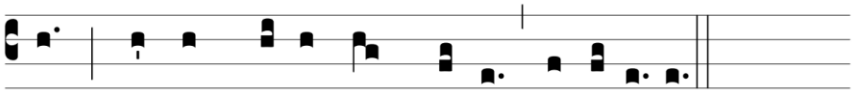
- I *O God*, you are my God, for | you I long; \*  
for you my | soul is thirsting.
- II My body | pines *for* you \*  
like a dry, weary land | without water.
- I So I gaze on you in the sanctu- | ary \*  
to see your strength | and your glory.
- II For your love is better | than life, \*  
my | lips will speak *your* praise.
- I So I will bless you | all *my* life, \*  
in your name I | will lift up *my* hands.
- II My soul shall be filled as with a | banquet, \*  
my mouth shall | praise you with joy.
- I On my bed I re- | mem-ber you. \*  
On you I | muse through the night.

II for you have | been *my* help; \*  
 in the shadow of your | wings I rejoice.  
 I My soul | clings *to* you; \*  
 your | right hand holds *me* fast.

*Bow at "Glory to the Father.... Holy Spirit."*

II Glory to the Father, and | to *the* Son, \*  
 and to the | Holy Spirit:  
 I as it was in the beginning, | is now, \*  
 and will be for- | ever. Amen.


**O**n that day sweet wine will flow from the moun-


 tains, milk and honey from the hills, al-le-lu-ia.

ANTIPHON 2

T

he mountains and hills will sing praise to God;

all the trees of the fo-*re*st will clap their hands, for he

is co-*mi*ng, the Lord of a kingdom that lasts for e-*ve*r,

al-le-*lu*-ia.

CANTICLE: DANIEL 3:57-88,56



- I *Bless the* LORD, all you works | of *the* LORD. \*  
Praise and exalt him above | all for e-*ve*r.
- II Angels of the LORD, | *bless the* LORD. \*  
You heavens, | *bless the* LORD.
- I All you waters above the heavens, | *bless the* LORD. \*  
All you hosts of the LORD, | *bless the* LORD.
- II Sun and moon, | *bless the* LORD. \*  
Stars of heaven, | *bless the* LORD.
- I Every shower and dew, | *bless the* LORD. \*  
All you winds, | *bless the* LORD.

- II Fire and heat, | bless *the* LORD. \*  
Cold and chill, | bless the LORD.
- I Dew and rain, | bless *the* LORD. \*  
Frost and chill, | bless the LORD.
- II Ice and snow, | bless *the* LORD. \*  
Nights and days, | bless the LORD.
- I Light and darkness, | bless *the* LORD. \*  
Lightnings and clouds, | bless the LORD.
- II Let the earth | bless *the* LORD. \*  
Praise and exalt him above | all for *e-ver*.
- I Mountains and hills, | bless *the* LORD. \*  
Everything growing from the earth, | bless the LORD.
- II You springs, | bless *the* LORD. \*  
Seas and rivers, | bless the LORD.
- I You dolphins and all water creatures, | bless *the* LORD. \*  
all you birds of the air, | bless the LORD.
- II All you beasts, wild and tame, | bless *the* LORD. \*  
You sons of men, | bless the LORD.
- I O Israel, | bless *the* LORD. \*  
Praise and exalt him above | all for *e-ver*.
- II Priests of the LORD, | bless *the* LORD. \*  
Servants of the LORD, | bless the LORD.
- I Spirits and souls of the just, | bless *the* LORD. \*  
Holy men of humble heart, | bless the LORD.
- II Hananiah, Azariah, Mishaël, | bless *the* LORD. \*  
Praise and exalt him above | all for *e-ver*.
- I Let us bless the Father, and the Son, and the Holy | Spirit. \*  
Let us praise and exalt him above | all for *e-ver*.
- II Blessed are you, LORD, in the firmament of | heaven. \*  
Praiseworthy and glorious and exalted above | all fore-ver.

**T**

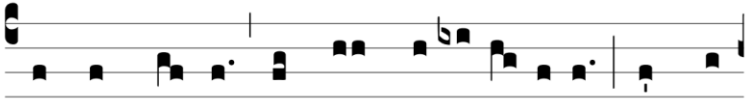
he mountains and hills will sing praise to God;

all the trees of the fo-rest will clap their hands, for he

is co-ming, the Lord of a kingdom that lasts for e-ver,

al-le-lu-ia.

ANTIPHON 3



A

great prophet will come to Je-ru-sa-lem; of that



people he will make a new cre- a-tion.

PSALM 149



- I Sing a | new song to the LORD, \*  
His praise in the assembly | of the faith-ful.
- II Let Israel re- | jice in its maker, \*  
let Zion's sons e- | xult in their king.
- I Let them praise His | name with dancing \*  
and make music with | timbrel and harp.
- II For the LORD takes de- | light in his people. \*  
He crowns the poor | with sal-va-tion.
- I Let the faithful re- | jice in their glory, \*  
shout for joy | and take their rest.
- II Let the praise of | God be on their lips \*  
and a two-edged | sword in their hand,
- I to deal out vengeance | to the nations \*  
and punishment on | all the peo-ples;
- II to | bind their kings in chains \*  
and their no- | bles in fetters of iron;



I to carry out the | sentence pre-*or*-dained; \*  
this honor is for | all his faith-ful.

II Glory to the | *Father*, and to *the* Son, \*  
and to the | Holy Spir-it:

I as it was in the be- | ginning, is now, \*  
and will be for- | ever. A-men.



A

great prophet will come to Je-ru-sa-lem; of that



people he will make a new cre- a-tion.

## READING

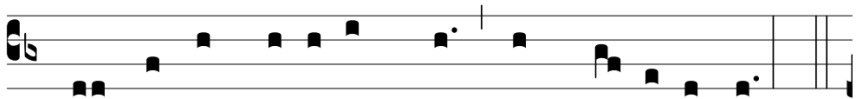
*Romans 13:11-12*

It is now the hour for you to wake from sleep, for our salvation is closer than when we first accepted the faith. The night is far spent; the day draws near. Let us cast off deeds of darkness and put on the armor of light.


# RESPONSORY



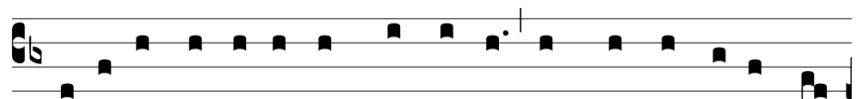
**C** hrist, son of the li-ving God, have mercy on us.




**Christ, son of the li-ving God, have mercy on us.**



You are the one who is to come, **have mercy on us.**



Glo-ry to the Father, and to the Son, and to the Ho-ly Spir-



it. **Christ, son of the li-ving God, have mercy on us.**

*Please stand.*

**BENEDICTUS**

*Luke 1:68-79*

ANTIPHON: CANTICLE OF ZECHARIAH



**T** he Ho-ly Spi-rit will come u-pon you, Ma-ry; you  
 have no need to be afraid. You will carry in your womb  
 the Son of God, al-le-lu-ia.

*Make the Sign of the Cross as all sing "Blessed be the LORD, the God of Israel."*



*all: Bless-ed be the LORD, the God of | Is-ra-el; \*  
 He has come to his peo- | ple and set them free.*

*He has raised up for us a mighty | savior, \*  
 born of the house of his | servant David.*

*Through His holy prophets he promised | of old †  
 that he would save us from our | en-e-mies, \*  
 from the hands of | all who hate us.*

*He pro-mised to show mercy to our | fathers \*  
 and to remember his | holy co-ve-nant.*

*This was the oath he swore to our father | Ab-ra-ham: \*  
 to set us free from the hands | of our en-e-mies,*

*Free to worship him with- | out fear, \**  
holy and righteous in his sight all the | days of our life.

*You, my child, shall be called the prophet of the | Most High;\**  
for you will go before the LORD | to prepare *his* way,

*To give his people knowledge of sal- | vation \**  
by the for- | giveness of *their* sins.


*In the tender compassion of | our God \**  
the dawn from on high shall | break upon us,

*To shine on those who dwell in dark- | ness †*  
and the shadow | of death, \*  
and to guide our feet in- | to the way of peace.

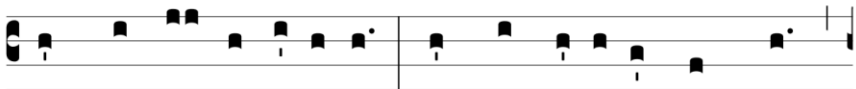
*Glory to the Father and | to the Son, \**  
and to the | Holy Spirit:

*As it was in the beginning | is now, \**  
and will be for- | ever. Amen.

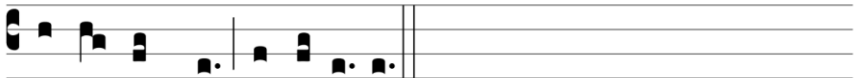
**T**



he Ho-ly Spi-rit will come u-pon you, Ma-ry; you



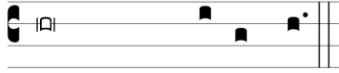
have no need to be afraid. You will carry in your womb



the Son of God, al-le-lu-ia.

## INTERCESSIONS

To God our Father, who has given us the grace to wait in joyful hope for the revelation of our Lord Jesus Christ, let us make our prayer:



**S** how us your mercy, Lord.

Sanctify us in mind and body,  
—keep us without sin until the coming of your son.

**Show us your mercy, Lord.**

Make us walk this day in holiness,  
—and live upright and devout lives in this world.

**Show us your mercy, Lord.**

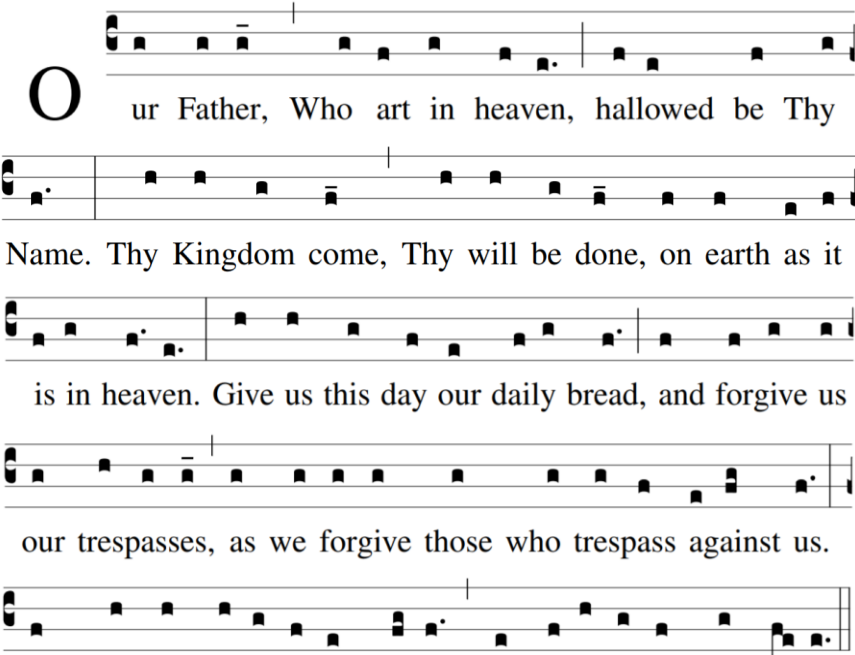
May we be clothed in our Lord Jesus Christ,  
—and filled with the Holy Spirit.

**Show us your mercy, Lord.**

Lord, help us to stand watchful and ready,  
—until your Son is revealed in all his glory.

**Show us your mercy, Lord.**

# OUR FATHER



**O**ur Father, Who art in heaven, hallowed be Thy  
Name. Thy Kingdom come, Thy will be done, on earth as it  
is in heaven. Give us this day our daily bread, and forgive us  
our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but de-liv-er us from e-vil.

The image shows a musical score for the hymn 'Our Father'. It consists of five staves of music, each with a treble clef and a common time signature (C). The notes are represented by small black squares on a five-line staff. Vertical bar lines divide the music into measures. The lyrics are printed below the corresponding musical staves. The first staff begins with a large capital letter 'O' for the word 'Our'. The music is a simple, single-line melody.

## **PRAYER**

All-powerful God,  
increase our strength of will for doing good  
that Christ may find an eager welcome at his coming  
and call us to his side in the kingdom of heaven,  
where he lives and reigns with you and the Holy Spirit,  
one God, for ever and ever.

**Amen.**

## **DISMISSAL**

**May the LORD bless us,** *(make the Sign of the Cross)*  
**protect us from all evil**  
**and bring us to everlasting life.**  
**Amen.**

### **Credits:**

Christ Blessing – Giovanni Bellini (1500)

Gregorio software