

After Benediction the priest/ deacon leads the faithful in the litany of Divine Praises.

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, True God and True Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary Most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

All: May the Heart of Jesus in the most Blessed Sacrament be praised, adored and loved with grateful affection at every moment in all the tabernacles of the world, even to the end of time. Amen.

Please stand when the tabernacle door closes.

The priest/ deacon intones the final hymn:

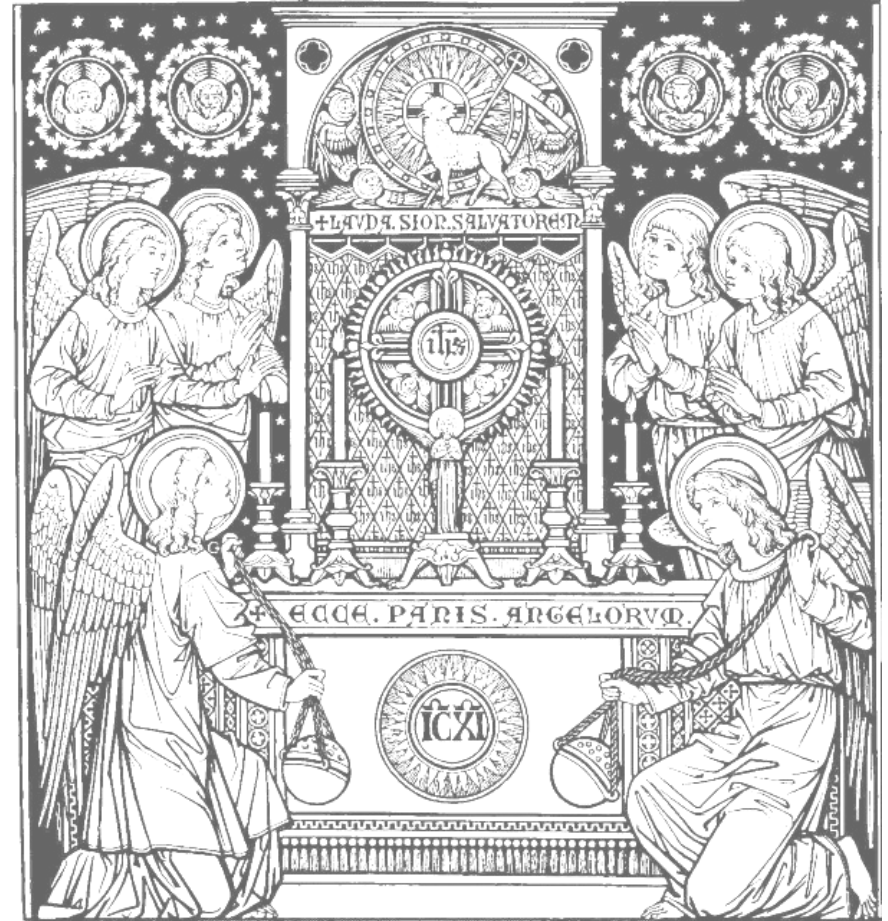
“Holy God, We Praise Thy Name”

Holy God, we praise Thy name! Lord of all, we bow before Thee.
All on earth Thy scepter claim; All in heaven above adore Thee.
Infinite Thy vast domain, Everlasting is Thy reign.
Infinite Thy vast domain, Everlasting is Thy reign.

Hark! the loud celestial hymn Angel choirs above are raising,
Cherubim and Seraphim In unceasing chorus raising,
Fill the heavens with sweet accord: Holy, Holy, Holy Lord.
Fill the heavens with sweet accord: Holy, Holy, Holy Lord.

Holy Father, Holy Son, Holy Spirit, Three we name Thee;
While in essence only One, Undivided God we claim thee;
And adoring bend the knee, While we own the mystery.
And adoring bend the knee, While we own the mystery.

Exposition, Adoration & Benediction of the Most Blessed Sacrament



Schedule for Adoration of the Most Blessed Sacrament

AT ST. JOHN THE BELOVED CATHOLIC CHURCH

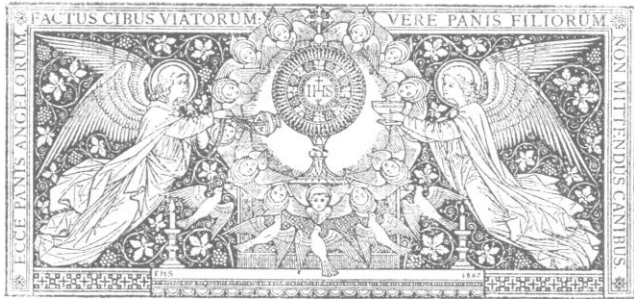
6420 Linway Terrace, McLean, VA 22101 (703) 356-7916

WEDNESDAYS: 10:00 a.m. to 7:30 p.m.
7:30 p.m. Holy Hour
with Miraculous Medal Novena, Rosary & Benediction

FIRST FRIDAYS: 10:00 a.m. to 8:00 a.m.

FIRST SATURDAYS: *Rosary & Benediction following the 8:15 a.m. Mass*

N.B. Please be sure never to allow Our Lord on the altar to be left unattended. Sometimes a Funeral Mass or Wedding Rehearsal might interrupt Adoration. In case of bad weather, the Church will remain unlocked to allow for prayer even if Adoration has been cancelled.



After the Blessed Sacrament is brought to the altar and Our Lord is visible in the monstrance, the priest/ deacon intones the following hymn and incenses the Blessed Sacrament:

“O Salutaris Hostia”

O salutaris Hostia	<i>O saving Victim opening wide.</i>
Quae caeli pandis ostium:	<i>The gate of heaven to man below!</i>
Bella premunt hostilia,	<i>Our foes press on from ev'ry side;</i>
Da robor, fer auxilium.	<i>Thine aid supply, thy strength bestow.</i>
Uni trinoque Domino	<i>To Thy great name be endless praise,</i>
Sit sempiterna gloria,	<i>Immortal Godhead, one in three;</i>
Qui vitam sine termino	<i>Oh, grant us endless length of days</i>
Nobis donet in patria.	<i>In our true native land with Thee.</i>
Amen.	<i>Amen.</i>

The priest/ deacon may lead the faithful in an act of faith.

Reading

The priest/ deacon might read aloud a passage of Sacred Scripture.

Homily

The priest/ deacon might offer a spiritual reflection or lead the faithful in prayers.

Silence

The priest/ deacon will allow the faithful to pray and adore in silence.

As the priest/ deacon incenses the Blessed Sacrament the following hymn is sung:

“Tantum Ergo”

Tantum ergo Sacramentum	<i>Down in adoration falling,</i>
Veneremur cernui,	<i>Lo! The Sacred Host we Hail!</i>
Et antiquum documentum	<i>Lo! o'er ancient forms departing,</i>
Novo cedat ritui;	<i>Newer rites of grace prevail.</i>
Praeset fides supplementum,	<i>Senses cannot grasp the marvel;</i>
Sensuum defectui.	<i>Faith must serve to compensate.</i>

Genitori Genitoque	<i>Praise and glorify the father,</i>
Laus et iubilatio,	<i>Bless his Son's life-giving name,</i>
Salus, honor, virtus quoque	<i>Singing their eternal Godhead,</i>
Sit et benedictio:	<i>Power, majesty and fame,</i>
Procedenti ab utroque	<i>Offering their Holy Spirit</i>
Compar sit laudatio.	<i>Equal worship and acclaim.</i>
Amen.	<i>Amen.</i>

<i>Priest:</i> Panem de coelo praestitisti eis. (Alleluia).	<i>Priest:</i> You have given them bread from heaven. (Alleluia).
<i>People:</i> Omne delectamentum in se habentem. (Alleluia).	<i>People:</i> Having all sweetness within It. (Alleluia).

The priest/ deacon stands up:

<i>Priest:</i> Oremus. Deus, qui nobis sub sacramento mirabilis, passionis Tuae memoriam reliquisti: tribue, quaesumus, ita nos corporis et Sanguinis Tui sacra mysteria venerari, ut redemptionis Tuae fructum in nobis iugiter sentiamus: Qui vivis et regnas in saecula saeculorum.	<i>Priest:</i> Let us pray. Lord Jesus Christ, You gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us and the peace of the kingdom where You live with the Father and the Holy Spirit, one God, forever and ever.
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<i>People:</i> Amen.	<i>People:</i> Amen.
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Benediction

The priest/ deacon ascends the altar and then lifts the monstrance in the shape of a cross so that the faithful may receive Jesus' blessing directly from Him.