

MASS INTENTIONS

Monday, February 4

Weekday

- 6:30 Paul J. Kemp †
 9:00 Gaby Klika & Geoff Walton
 8:00 Theo Caviness †

Tuesday, February 5

St. Agatha, Virgin & Martyr

- 6:30 Patrick McDonough †
 9:00 Patrick McDonough †

Wednesday, February 6

St. Paul Miki & Companions, Martyrs

- 6:30 Rachel Kiehnau
 9:00 John Evans †

Thursday, February 7

Weekday

- 6:30 Tim Corrigan †
 9:00 Rebecca Jean Witzell †

Friday, February 8

St. Jerome Emiliani; St. Josephine Bakhita, Virgin

- 6:30 Emma Karnbrock
 9:00 Eugene Claude Tripp †

Saturday, February 9

Weekday

- 8:15 David Wright †
 5:00 Anne Cooney †

Sunday, February 10

Fifth Sunday in Ordinary Time

- 7:30 Theresa Ryal †
 9:00 Mary Quetsch †
 10:30 People of the Parish
 12:00 Antonio Ricci †

ETERNAL REST GRANT UNTO THEM, O LORD

† All the Faithful Departed †

HOLY FATHER'S PRAYER INTENTIONS

FEBRUARY

Human Trafficking

For a generous welcome of the victims of human trafficking, of enforced prostitution, and of violence.

IN TESTIMONIUM

When he begins to vest, after having washed his hands, the priest or deacon places the amice over his head and then wraps it around the collar of his shirt or cassock. Religious whose habit incorporates a hood cover their head with it before placing the amice on top. Then both the hood and the amice are slid down after all the vestments have been donned. As he kisses the cross on the amice and first touches it to his head, he prays:

“Impone, Domine, capite meo galeam salutis, ad expungandos diabolicos incursum.”

“Lord, set the helmet of salvation on my head to fend off all the assaults of the devil.”

The prayer evokes several passages of Sacred Scripture:

He put on righteousness as a breastplate, and a helmet of salvation upon his head; he put on garments of vengeance for clothing, and wrapped himself in fury as a mantle.

Isaiah 59,17

Therefore take the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the equipment of the gospel of peace; above all taking the shield of faith, with which you can quench all the flaming darts of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Ephesians 6,13-17

But, since we belong to the day, let us be sober, and put on the breastplate of faith and love, and for a helmet the hope of salvation.

1Thessalonians 5,8

Clerics of the Coptic Church wear a similar headcovering called a *qalansuwa* which remains on the head and under the crown throughout the Sacred Liturgy.

Pope Leo IV prescription in the year 850: “Let no one say Mass without the amice, alb, stole, maniple, and chasuble.” Attests that the amice had been in use already for quite some time.

The early 9th century liturgical writer Amalarius, at one time the Bishop of Trèves, associated another meaning with the amice since it guards the throat in a way. He wrote of it “I have placed a watch on my mouth... by this first vestment we are admonished to guard our mouths”. A prayer for the amice in the 16th century Missals of Cambrai reflect this sense: “Chastise, Lord, and govern my voice, so that I may commit no sin with my tongue, and that I may merit to speak only what is acceptable to you.”

Amen!

Fr. Christopher J. Pollard

p.s. “Jesus Christ is the same yesterday and today and forever.”
(Heb 13,8)

SENIORS' CLUB Our next gathering will be on Monday, 18 February. Mr. Eric Stewart, from the Eric Stewart Group of Long and Foster Real Estate, will address major topics of special interest to us. These include determining the right time to downsize, what to do with your belongings, and how to decide where you want to live after the sale of your house? He will also share his insights on home renovations, aging in place, and the marketing timing and preparation for the sale of your home. Eric is a dynamic speaker with extensive knowledge in his field and all of us will benefit greatly from his presentation. Mark your calendars and bring a friend. Lunch will be served in the school auditorium following Mass which will be said at 11:30 AM for those who wish to attend. Please sign up on the sheet in the vestibule of the Church or call the parish office at 703.356.7916 by Friday, 15 February. Those who arrive without reservations are welcome but, unfortunately, we cannot offer them lunch. The suggested donation is \$15.00 per person to be collected at the door. For further information or if you would like a ride to the luncheon please call Phil at 703.356.9788.

REBUILDING

Separated? Divorced? Widowed??? The Rebuilding Program sponsored by the Diocese of Arlington Office of Marriage, Family, and Respect Life helps people of all faiths who are separated, divorced, or widowed and want to move on with their lives. The nine week program starts Sunday, February 24th and meets Sunday evenings 5:30 - 8:00 PM at the St. Martin De Porres Center in Alexandria. Topics include adaptation, grief, anger, self-worth, openness, love, and relatedness. For more information email facilitator@copingrebuilding.com, or visit us on the web at <http://www.copingrebuilding.com>.

FILM SCREENING OF "INTELLIGENT LIVES"
Bishop O'Connell High School will host a FREE viewing of Dan Habib's new film, INTELLIGENT LIVES on **Wednesday, Feb. 20 at 7 p.m.** This film is a catalyst to transform the label of intellectual disability from a life sentence of isolation into a life of possibility for the most systematically segregated people in America. INTELLIGENT LIVES challenges what it means to be intelligent, and points to a future in which people of all abilities can fully participate in higher education, meaningful employment, and intimate relationships. The 70 minute film will be shown in the Bishop O'Connell auditorium, located at 6600 Little Falls Road in Arlington, and will be followed by a panel discussion. The event is open to the public. For questions, please contact Susan Rinaldi, Director of Expanded Services at Bishop O'Connell High School at Srinaldi@bishopoconnell.org.

YOUTH MINISTRY

Sunday Youth Nights

Most Sundays, all youth in 7th-12th grades are invited to a fun night with other teens striving to grow in friendship with Christ. Sunday Youth Nights are from 6:15 - 8:00pm, and pizza dinner is included.

NO YOUTH NIGHT TONIGHT due to the Super Bowl - join us at 2:00pm for a Super Bowl pre-game party.

Upcoming youth nights:

February 10: Video Catechesis night: *Forgiven* - Discovering the freeing power of Confession

February 17: NO YOUTH NIGHT (Ski trip Monday the 18th)

St. John's Youth Ministry Super Sunday!

When: Today, 2:00-4:30pm - meet by the field!

What: Pickup football, Super Snacks, and Sunday Vespers

What to bring: Dress for football outdoors and bring a pair of clean clothes to change into for first Sunday Vespers in the Church (We'll end by going to Vespers together). Feel free to bring friends!

Presidents' Day Ski Trip!

Who: All youth in 7th-12th grades

What: Ski day at Whitetail resort

When: February 18, depart St. John at 7:00am, return by 7:00pm.

Cost: \$117/person - includes lift ticket, rentals, group lesson, and lunch

Adult chaperons and drivers needed - we need two non-skiing adults who can stay in the lodge, and a few adults to join the teens on the slopes. Contact Michael if you can help! *Sign up required by noon on February 15.*

Sports Nights, 8:00-9:15pm on 1st and 3rd Fridays

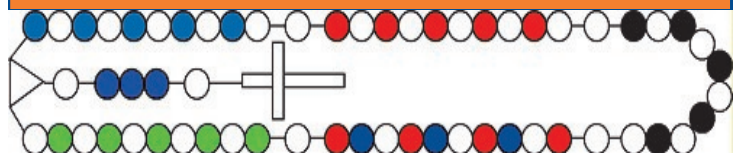
Join other youth for nights of pick-up sports! We meet in the gym and play sports for an hour and then end the night with prayer in the Church.

February 15: Indoor Soccer

WorkCamp

In order to bring all of the youth signed up for WorkCamp, we are in need of at least one more male adult leader to attend the entire week with us. If you can help, please contact Michael ASAP!

PRAY THE ROSARY EVERYDAY!



COUPLES ENRICHMENT

A marriage support group will begin meeting here at St. John the Beloved starting Thursday, February 7 from 7:00 to 8:30 p.m. in the school. (exact location to be decided).

The meetings will start off with a video from a six video series from the “Beloved, Finding Happiness in Marriage” program produced by the Augustine Institute. The title of the first video is “Mystery and Meaning of Marriage”. After the video a short discussion will take place. Parishioners Mike and Denise Kissinger will lead the support group.

The video series is available for free through Formed.org and participant handbooks will be available at the meetings.

MASS FOR WORLD MARRIAGE SUNDAY

Join us for the Mass and reception for World Marriage Sunday All married couples and their families are invited to attend the Mass for World Marriage Sunday at St. Thomas a Becket Catholic Church on Saturday, February 9, 2019 at 6:30 p.m. The principal celebrant and homilist will be Fr. Thomas Ferguson, Vicar General and Moderator of the Curia. A dinner reception will follow in the parish hall. Please RSVP at www.arlingtondiocese.org/wms19. For more information, please contact the Office for Marriage, Family and Respect Life at (703) 841-2550.

WWME

“He will baptize you with the Holy Spirit and fire.” Join us on one of the next Worldwide Marriage Encounter weekends on Mar 22-24, 2019 in Herndon, VA and September 20-22, 2019 in Herndon, VA. Early sign up is recommended. For information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org You may also call us at 703-646-1521.

PRO-LIFE NEWS

O Sorrowful and Immaculate Heart of Mary, Christ’s sacrifice on the Cross was the costliest and most perfect sacrifice ever offered. Its value and power are infinite. To this supreme sacrifice we unite the sacrifice of each small life taken in abortion, and placing them in your holy hands, we ask you to present this offering of total innocence before the Throne of Grace for the repentance and conversion of those who perform abortions, staff or own abortion centers or in any way support or profit from abortion.

Please join us today at 3:30 PM in the church (prior to 4 PM Vespers) as we pray A Rosary to End Abortion.

EVENING REFLECTIONS FOR WOMEN

Sponsored by
St. John the Beloved Women’s Council
2018-19 Series

Monday, February 11th
Guest speaker: Steve Weidenkopf
Speaking about his new book
Timeless: A History of the Catholic Church
Mr. Weidenkopf is a lecturer in Church history at the Christendom Graduate School in Alexandria
6:30 pm Social/ 7:00pm Talk in the Parish Hall
Please RSVP to: womenscouncilofsjb@gmail.com

Please send all announcements that you would like to have publicized in the bulletin to the following email address: Bulletin@stjohncatholicclean.org. Please send the text in New Times Roman 11 pt, justified. **Deadline: Friday, 14 days before the bulletin date.**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 3	February 4	February 5	February 6	February 7	February 8	February 9
7:30am Mass 9:00am Mass 10:30am Mass Noon Latin Mass 3:30pm Rosary to End Abortion 4:00pm Vespers	6:30am Mass 9:00am Mass 9:45 Sew & So Forths 7:30pm Legion 8:30pm Futsol	6:30am Mass 9:00am Mass 8:00pm Hoops	6:30am Mass 9:00am Mass ADORATION 9:30am–7:30pm Confessions Hourly 10:00am–6:00pm  7:00pm Holy Hour	6:30am Mass 9:00am Mass Pray at the Falls Church Abortion Center 7am-7pm	6:30 Mass 9:00 Mass	8:15 Mass 9:00am Confessions 3:30pm Confessions 5:00pm Mass

SJB MARDI GRAS PARTY

St John the Beloved's annual Mardi Gras celebration will be February 23rd 5-9 pm. Mark your calendars and be on the look out for volunteer opportunities. If you are interested in being a committee member contact Heather Tuason at heathertuason0924@gmail.com.



MOTHER/DAUGHTER RETREAT

The Women's Apostolate to Youth invites you to a Mother/Daughter retreat (for girls in grades 7-9) entitled, "**Defend Us In Battle**" on **February 9, 2019**. Join us for this wonderful opportunity to forge a stronger bond with your daughter by sharing and deepening your devotion to the great Archangel St. Michael, chosen by God to protect us from evil influences.

The retreat includes talks, activities (fun!), as well as opportunities for confession, adoration, and Mass and begins at 8:30 am and concludes at 3:30 pm at St. Raymond of Penafort Church, [8750 Pohick Rd.](http://8750PohickRd.com) Springfield. The \$55 fee includes materials, breakfast, and lunch for both mother and daughter.

For more information and to register (by January 25th) visit Waywomen.com/daystar.

Sorry, we cannot accept registrations at the door.

BISHOP'S LENTEN APPEAL

This month many of us will receive a mailing regarding the 2019 Bishop's Lenten Appeal (BLA). The theme this year is "**Together in the Light of Christ.**" After reflecting upon the blessings that God has given you, please prayerfully consider making a pledge to this important appeal that funds many programs and ministries that serve thousands of people in our diocese. Together, through the BLA, let us renew our personal commitment to furthering the Lord's work in our diocese.

CALLED AND CHOSEN 8TH GRADE EVENT

All 8th graders of the diocese are invited to the Go Forth: Called & Chosen event with Bishop Burbidge on Tuesday, March 5 at All Saints Catholic Church in Manassas. The program begins at 10:00 a.m. and includes a vocations rally, Mass, and lunch, and concludes by 1:30 p.m. All 8th graders must be accompanied by an adult; space is limited to 8th graders and their chaperones. Please arrive early so all can be seated before 10:00. For more information contact vocations@arlingtondiocese.org or 703-841-2514. (8th graders in Catholic schools will be coming with their classes.)

MASS OBLIGATION IN SEVERE WEATHER

All baptized Catholics are obliged to attend Mass on Sundays and Holy Days of Obligation. However, there are particular circumstances or conditions that may excuse a Catholic from this obligation. If you are ill, homebound, or if there are severe weather conditions that make attending Mass dangerous to your safety or that of others, you are excused from the obligation. In such cases, if you are unable to attend Mass, the Church recommends making a spiritual Communion and spending time in prayer.

The tickets for the annual 5 Car Raffle will soon be mailed to each family. **Please note**, the ticket returns are being processed at All Saints again this year so, if you are participating by purchasing tickets, please **send them directly** to All Saints. This is a new requirement by the Department of Charitable Gaming. The raffle continues to benefit our parish and many other charitable causes throughout the diocese. In past years St. John the Beloved has benefited to the tune of over \$14,000. We hope that you will support our efforts by buying or selling your tickets. Those who do not wish to participate may place the unopened envelope in the collection basket at Mass. Otherwise, please send them to All Saints in Manassas.

ANNUAL MEN'S CONFERENCE POWER WITHIN

The Secret Strength of a Deeper Interior Life

Join us on Saturday, March 9, 2019 for the annual Men's Conference at St. Joseph's Catholic Church in Herndon. The speakers will include Matt Birk, former Center for the Baltimore Ravens, a staunch pro-life advocate; Rev. Donald Haggerty, author of *Conversion, Contemplative Hunger and Contemplative Provocations*; Most Rev. Michael Burbidge, Bishop of Arlington who will be the Celebrant and Homilist for Mass. The conference will take place from 9am to 3pm and the cost is \$65. Please go to arlingtondiocese.org/men to register. The conference is sponsored by the Office for Marriage, Family and Respect Life.

THE CATHOLIC STRATEGY

You are invited to a pro-life presentation entitled, "The Catholic Strategy" where Terry Beatley of Hosea Initiative will discuss issues regarding the founding of NARAL. Learn how the founders of NARAL plotted the destruction of America's historical protection of unborn life by undermining the Catholic Church. The talk is Thursday, February 7, at 7 p.m. at the parish hall of St. Raymond of Penafort Catholic Church in Springfield. The event is free. For more information, please contact (703) 440-0535 or office@straymonds.org.

"My people are ruined for lack of knowledge." Hosea 4:6

CATHOLIC CHARITIES FAMILY SERVICES

Family Services, a counseling program within Catholic Charities of the Diocese of Arlington, VA, will be opening up a satellite office at St. John the Beloved in January 2019! Family Services provides quality mental health services grounded in a Catholic understanding of the human person. At Catholic Charities' Family Services, clinicians provide counseling to individuals, couples, and families. Clients often seek services for issues such as anxiety, depression, grief/loss, addictions, marital and premarital concerns, and more.

If you are interested in receiving services, please call 703-425-0109. When you call, the intake coordinator will gather your information and ask you to briefly describe your situation. You and the staff person will assess the appropriateness of our services to your need. When the clinician has an opening, the intake coordinator or the clinician will call to schedule an appointment.

Christine is a licensed clinical social worker (LCSW) and has been on staff with Catholic Charities, Family Services since 2010. Christine obtained her Master of Social Work degree from The Catholic University of America in Washington, DC. She provides counseling services for adults, adolescents, and families on a range of issues including depression, anxiety, grief and loss, relationship problems, trauma and abuse, addictions, and life transitions. She is currently working towards certification in Eye Movement Desensitization and Reprocessing (EMDR), an evidence-based trauma treatment that alleviates distress associated with disturbing memories. Christine has an understanding of multicultural issues and values the integration of faith and spirituality in counseling.

Christine will be available for appointments on Tuesdays at St. John the Beloved beginning in January 2019. She accepts most major insurance plans including those with Blue Cross Blue Shield, Aetna, and Cigna, and she also accepts clients on a sliding scale based on income.

MASS & HEALING SERVICE WITH SR. BRIEGE

Bring to Jesus your spiritual, physical and emotional ailments at a Mass and Eucharistic healing service with Sr. Briega McKenna, OSC, who is gifted with the charism of healing. The event is on Friday, March 1, 2019, at All Saints Catholic Church, Manassas from 7-9 p.m. To learn more visit www.arlingtondiocese.org/healing

ELECTRONIC CONTRIBUTIONS TO ST. JOHN THE BELOVED

For your convenience sign up for the Faith Direct Offertory program. www.faithdirect.net our code: VA77

THE STATE OF THE COMMONWEALTH



Judge John Marshall recently upheld pro-life challenges to the Virginia Board of Health's actions to substantially weaken the health and safety regulations for Virginia's abortion centers. Thanks be to God.

The story is not over, though.

Learn more here:

<http://www.familyfoundation.org/blog/we-won>

REMEMBER IN PRAYER

- | | |
|---------------------------|-----------------------|
| Carmel Broadfoot | Andrew Katson |
| Bishop Burbidge | Christopher Katz |
| Salvatore Calabro | Dorothy Kottler |
| John Cartelli | Sharon LeMaster |
| John Paul Charles Carver | Sue Malone |
| Virginia Connelly | Carmella Manetti |
| Sheila Corallo | Cristina Marques |
| Victoria Grace Czarniecki | Diana Meisel |
| Elke D'Amico | Bonnie Moran |
| Richard DeCorps | Veronica Nowakowski |
| Joe Elias | Anita Oliveira |
| John Fiore | Briner Orillo |
| Tara Flanagan-Koenig | Mary Pistorino Reilly |
| Susan Glover | Patricia Richer |
| Francesca Greco | Shelby Rogers |
| Paul Griffith | Thomas Rosa |
| Edward M. Hallinan III | Avery Schaeffer |
| Jack Halpin | Merle Shannon |
| Arnold L. Harrington III | Gloribeth Smith |
| Emily Hazlett | Daniel Stadelmann |
| Agnes Henley | Carolyn Steinhoff |
| Colleen Hodgdon | Bill Sullivan |
| David Johnson | Mary Warchot |
| Mark Johnson | Marie Wysolmerski |

*May God bless and protect our loved ones
in the military and civil service
who are serving these United States
in dangerous places, especially...*

- | | |
|-----------------|-------------------|
| Robert Ayala | Jamie Robinson |
| Jonathan Choo | Michael Shipley |
| Nicholas Galvan | Kimberley Templer |
| Harry Griffith | Michael Templer |
| Bill Jones | Jesus Toledanes |
| Brendan Murphy | Justin White |
| Lynn Partik | Donald Yamamoto |