

*A Basic Training Exercise
for Altar Boys
of the Traditional Latin Mass*

revised 25 October 2021

PLEASE FILL IN ALL BLANK LINES WITH THE APPROPRIATE
ANSWERS. THIS IS AN OPEN-BOOK EXERCISE.
THE PRAYERS OF THE MASS CAN BE FOUND IN YOUR OWN HAND
MISSAL OR ONLINE IN MANY PLACES. THE LITURGICAL
VOCABULARY CAN BE DOWNLOADED FROM THE PARISH WEBSITE.
PLEASE SEND THE COMPLETED FORM TO
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Name: _____

Date: _____



THE HOLY SACRIFICE OF THE MASS

PRAYERS AT THE FOOT OF THE ALTAR

PRIEST *In nomine Patris, et Filii, et Spiritus Sancti, Amen. Introibo ad altare Dei.*

SERV. _____

PRIEST *Judica me, Deus, et discerna causam meam de gente non sancta. Ab homino iniquo et doloso erue me.*

SERV. _____

PRIEST *Emitte lucem tuam et veritatem mean.
Ipse me deduxerant et aduxerunt in montem sactum tuum, et in tabernacula tua.*

SERV. _____

PRIEST *Confitebor tibi in cithara, Deus, Deus meus. Quare tristis es anmia mea et quare conturbas me?*

SERV. _____

PRIEST *Gloria Patri, et Filio, et Spiritui Sancto.*

SERV. _____

PRIEST *Introibo ad altare Dei.*

SERV. _____

PRIEST *Adjutorium nostrum in nomine Domini.*

SERV. _____

PRIEST *Confiteor Deo omnipotenti, beatae Mariae semper Virgini, beato Michaeli Archangelo, beato Joanni Baptistae, sanctis Apostolis Petro et Paulo, omnibus Sanctis, et vobis fratres, quia peccavi nimis cogitatione verbo, et opere, mea culpa, mea culpa, mea maxima culpa. Ideo precor beatam Mariam semper Virginem, beatum Michaelem Archangelum, beatum Joannem Baptistam, sanctis Apostolis Petrum et Paulum, omnes Sanctis, et vos, fratres, orare pro me ad Dominum Deum nostrum.*

SERV. _____

PRIEST *Amen.*

SERV. _____

PRIEST *Misereatur vestri omnipotens Deus et dimissis peccatis vestris perducat vos ad vitam aeternam.*

SERV. _____

PRIEST *Indulgentiam, absolutionem, et remissionem peccatorum nostrorum tribuat nobis omnipotens et misericors Dominus.*

SERV. _____

PRIEST *Deus tu conversus vivificabis nos.*

SERV. _____

PRIEST *Ostende nobis, Domine, misericordiam tuam.*

SERV. _____

PRIEST *Domine, exaudi orationem meam.*

SERV. _____

PRIEST *Dominus vobiscum.*

SERV. _____

PRIEST *Oremus*

KYRIE

PRIEST *Kyrie, eleison.*

SERV. _____

PRIEST *Kyrie, eleison.*

SERV. _____

PRIEST *Christe, eleison.*

SERV. _____

PRIEST *Kyrie, eleison.*

SERV. _____

PRIEST *Kyrie, eleison.*

GLORIA

COMPLETE THIS PRAYER:

Gloria in excelsis Deo...

BEFORE THE COLLECT

PRIEST *Dominus vobiscum.*

SERV. _____

CONCLUSION OF THE COLLECT

PRIEST *...per omnia saecula saeculorum.*

SERV. _____

CONCLUSION OF THE EPISTLE

At the end of the Epistle, after the priest places his hand on the altar, say _____

AT THE GOSPEL

PRIEST *Dominus vobiscum.*

SERV. _____

PRIEST *Sequentia (or Initium) sancti Evangelii secundum N.*

SERV. _____

At the end of the Gospel ,say _____

AT THE OFFERTORY

PRIEST *Dominus vobiscum.*

SERV. _____

PRIEST *Orate Fratres, ut meum ac vestrum sacrificium acceptabile fiat apud Deum Patrem omnipotentem.*

Wait until the Priest has again turned to the Altar, then say

SERV. _____

AT THE PREFACE

PRIEST *...per omnia saecula saeculorum.*

SERV. _____

PRIEST *Dominus vobiscum.*

SERV. _____

PRIEST *Sursum corda.*

SERV. _____

PRIEST *Gratias agamus Domino Deo nostro.*

SERV. _____

AT THE SANCTUS

As the Sanctus begins, bow and ring the bell _____times

AT THE CONSECRATION

Ring the bell _____ times when the Priest extends both hands over the chalice at the *Hanc igitur*.

Ring the bell _____ times at each genuflection of the Priest, and _____ times when he elevates the sacred Host and Chalice.

ROMAN CANON (CONTINUED)
COMPLETE THE REST OF THIS PRAYER:

Unde et memores...

AT THE CONCLUSION OF THE ROMAN CANON

PRIEST *...per omnia saecula saeculorum.*

SERV. _____

PATER NOSTER

COMPLETE THIS PRAYER:

PRIEST *Pater noster...* _____

SERV. _____

PRIEST *Amen.*

AFTER THE PATER NOSTER

PRIEST *...per omnia saecula saeculorum.*

SERV. _____

PRIEST *Pax Domini sit semper vobiscum.*

SERV. _____

AGNUS DEI
COMPLETE THIS PRAYER:

Agnus Dei...

After the *Agnus Dei* ring the bell _____ times each time the Priest says the words “*Domine Non Sum Dignus*”

AFTER COMMUNION

PRIEST *Dominus vobiscum.*

SERV. _____

After each OREMUS, answer _____

AT THE “ITE, MISSA EST”

PRIEST *Dominus vobiscum.*

SERV. _____

PRIEST *Ite, Missa est (In Easter octave he adds Alleluia, Alleluia) or Benedicamus Domino.*

SERV. _____

PRIEST *Benedicat vos omnipotens Deus, Pater et Filius, et Spiritus Sanctus.*

SERV. _____

AT THE LAST GOSPEL

PRIEST *Dominus vobiscum.*

SERV. _____

PRIEST *Initium (or Sequentia) sancti Evangelii, secundum N.*

SERV. **Gloria tibi, Domine.**

At the end of the Last Gospel answer: _____



A LITURGICAL VOCABULARY

IDENTIFY THE FOLLOWING PARTS OF THE HOUSE OF GOD:

VESTIBULE: _____

ADORATION CHAPEL: _____

NAVE: _____

CHOIR: _____

SANCTUARY: _____

SACRISTY: _____



DESCRIBE THE FOLLOWING MINISTERS:

BISHOP: _____

PRIEST: _____

DEACON: _____

SUB-DEACON: _____

ACOLYTE: _____

LECTOR: _____

WHAT IS THE NAME OF OUR DIOCESE?

WHAT IS THE NAME OF OUR BISHOP?

WHAT ARE THE NAMES OF THE PRIESTS AT SAINT JOHN THE BELOVED?



DESCRIBE THE FOLLOWING LITURGICAL ASSISTANTS:

CANDLEBEARER: _____

CANTOR: _____

CRUCIFER: _____

SPECIAL MINISTER OF THE HOLY COMMUNION: _____

READER: _____

SACRISTAN: _____

THURIFER: _____

USHER: _____



INDICATE WHEN THE FOLLOWING SACRED ACTIONS TAKE PLACE:

ABLUTION: _____

BOW: _____

CHANT: _____

GENUFLECT: _____

INCENSE: _____

KISS: _____

KNEEL: _____

PROCESS: _____

PROSTRATE: _____

PURIFY: _____

THE SIGN OF PEACE: _____

SING: _____

SIT: _____

STAND: _____

STRIKE THE BREAST: _____



EXPLAIN WHEN AND HOW THE FOLLOWING SACRED BOOKS ARE EMPLOYED:

EVANGELLARIUM: _____

WHAT IS THE ENGLISH NAME FOR THE *EVANGELLARIUM*?

EPISTOLARIUM: _____

MISSALE ROMANUM: _____

WHAT IS THE ENGLISH NAME FOR THE *MISSALE ROMANUM*?



EXPLAIN THE IMPORTANCE OF THE FOLLOWING SACRED VESSELS:

CHALICE: _____

CIBORIUM: _____

PATEN: _____

MONSTRANCE: _____

ABLUTION CUP: _____

WHAT IS A "SACRED VESSEL"?



DEFINE THE FOLLOWING SACRED OBJECTS:

ALTAR CARDS: _____

CRUETS: _____

LAVABO: _____

CREDENCE TABLE: _____

PULPIT: _____



EXPLAIN THE PURPOSE OF THE FOLLOWING SACRED LINENS:

BURSE: _____

CHALICE VEIL: _____

CORPORAL: _____

FINGER TOWEL: _____

PALL: _____

PURIFICATOR: _____



DESCRIBE THE FOLLOWING SACRED VESTMENTS:

ALB: _____

CINCTURE: _____

CASSOCK: _____

SURPLICE: _____

BIRETTA: _____

MANIPLE: _____

STOLE: _____

DALMATIC: _____

CHASUBLE: _____

COPE: _____

HUMERAL VEIL: _____

HOW WOULD YOU KNOW WHAT COLOR IS USED AT MASS?



EXTRA CREDIT

HOW SHOULD ALTAR BOYS PREPARE FOR MASS?

WHAT SHOULD ALTAR BOYS DO AFTER MASS?

AT THE MENTION OF WHAT FOUR (4) HOLY NAMES DO WE BOW OUR HEAD?

AT THE BEGINNING OF THE GOSPEL WHAT SIGN DO WE MAKE AND WHY?

WHAT IS FATHER POLLARD'S FAVORITE KIND OF INCENSE?

WHAT LATIN AND/OR GREEK WORDS HAVE YOU LEARNED IN THE MANUALS?

CAN YOU OFFER ANY SUGGESTIONS TO IMPROVE THE MANUALS?

