

St. John The Beloved Catholic Church

6420 Linway Terrace, McLean, Va. 22101

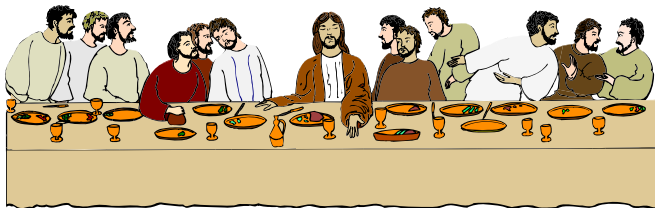
2009 Holy Week Schedule

SCHEDULE FOR SACRAMENT OF PENANCE

Monday, April 6	after 9:00 am Mass & 6:30 --7:30 pm
Tuesday, April 7	after 9:00 am Mass & 6:30 --7:30 pm
Wednesday, April 8	after Tenebrae Service
Good Friday, April 10	6:00 -- 8:00 pm
Holy Saturday, April 11	9:00 -- 10:00 am

WEDNESDAY OF HOLY WEEK, April 8

8:00 pm (Schola Cantorum) **Tenebrae Service**, a penitential service of light and darkness in preparation for confession and the Sacred Triduum



HOLY THURSDAY, April 9

7:30 pm (Schola Cantorum)

Mass of the Lord's Supper, Concelebrated Mass commemorating institution of the Eucharist and Holy Orders with the Mandatum (the washing of the feet) and communion. Parishioners are invited to join in the procession of the Blessed Sacrament with priests and servers to the altar of reposition in the Parish Hall. The Hall will remain open for adoration of the Blessed Sacrament concluding with Night Prayer.

11:50 pm Compline (Night Prayer)



GOOD FRIDAY, April 10

Day of Fast¹ and Abstinence²

12:00 noon	Terce (Midday Prayers)
12:15	Divine Mercy Chaplet
12:30	Rosary
1:00 pm	Stations of the Cross followed by Reflections on the Stations of the Cross



SOLEMN GOOD FRIDAY SERVICES

3:00 pm (Schola Cantorum)

Liturgy of the Word

Veneration of the Cross

Holy Communion

6:00 – 8:00 pm Confessions



*** A Plenary Indulgence may be gained if in the solemn liturgical action of Good Friday, you devoutly assist at the Adoration of the Cross and venerate it.

(The Church will be open until 9:00 pm for private Veneration of the Cross).



HOLY SATURDAY, April 11

(No 5:00 pm Mass)

8:30 am	Morning Prayer
9:00 - 10:00 am	Confessions
12:00 N	Blessing of Easter Food
8:30 pm (Schola Cantorum)	<u>Easter Vigil:</u> Service of Light Liturgy of the Word Liturgy of Christian Initiation Liturgy of the Eucharist

EASTER SUNDAY, April 12

Mass Schedule

7:15 am

9:00 am

(St. John Academy Treble Choir, Organ & Brass)

10:30 am

(10:30 Choir, Organ and Brass)

12:15 pm

Traditional Latin Mass



Notes: *The Holy Thursday collection will be for the poor.*

The Good Friday collection will be to assist in the maintenance of the Shrines in the Holy Land.

¹***Fasting*** - Everyone over 18 and up to the beginning of their 60th year is bound to observe the law of Fast on Ash Wednesday and Good Friday. Only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength may be taken according to each one's needs; but together they should not equal another full meal. It should be noted also that "the Fridays of the year outside of Lent remain days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial or personal penance: this may be physical mortification or temperance or acts of religion, charity or Christian witness."

²***Abstinence*** - Everyone over 14 years of age is bound to observe the law of abstinence. Abstinence from meat and all meat products is to be observed on all Fridays within the season of Lent.