

**Mass Intentions****Sunday, February 14, Sixth Sunday in Ordinary Time**

- 7:30 Agnes Steele †
 9:00 Amelia & Adriano Fernandes †
 10:30 Mr. & Mrs. Dolan
 12:00 People of the Parish

Monday, February 15, Weekday

- 6:30 Curtis Zane
 9:00 Edward, Miller & Henry McKee
 7:30 MaryJo Halisky

Tuesday, February 16, Weekday

- 6:30 Kathleen Severe †
 9:00 Curtis J. Zane †

Wednesday, February 17, Ash Wednesday

- 6:30 Charles Moore †
 9:00 Christine Mulvaney
 12:00 People of the Parish
 7:30 People of the Parish

Thursday, February 18, Lenten Weekday

- 6:30 Mary Huber †
 9:00 Norm Violette †

Friday, February 19, Lenten Weekday

- 6:30 Edwin Huber †
 9:00 Teresa Bohlin †

Saturday, February 20, Lenten Weekday

- 8:15 Arnold Johnson
 5:00 Patricia Day †

Sunday, February 21, First Sunday of Lent

- 7:30 Agnes Steele †
 9:00 Ludobina & José Esteves †
 10:30 Mary & Michael Dolan †
 12:00 People of the Parish

Readings for the Week of February 14, 2010

- Sunday: Jer 17:5-8; Ps 1; 1 Cor 15:12, 16-20;
 Lk 6:17, 20-26
 Monday: Jas 1:1-11; Ps 119; Mk 8:11-13
 Tuesday: Jas 1:12-18; Ps 94; Mk 8:14-21
 Wednesday: Jl 2:12-18; Ps 51; 2 Cor 5:20—6:2; Mt 6:1-6, 16-18
 Thursday: Dt 30:15-20; Ps 1; Lk 9:22-25
 Friday: Is 58:1-9a; Ps 51; Mt 9:14-15
 Saturday: Is 58:9b-14; Ps 86; Lk 5:27-32
 Sunday: Dt 26:4-10; Ps 91; Rom 10:8-13; Lk 4:1-13

**Remember In Prayer**

- | | | |
|----------------------|--------------------|---------------------|
| Chessa Atkinson | Stanley Hollis | Kathryn Orf |
| Josh Carr | M/M Robert Hotung | Maureen O'Toole |
| Beth Castka | Janet Hughes | Brian Reyna |
| Edward Cotter | Mary Hyland | Fr. Paul Richardson |
| Josephine Celenza | Muriel Jennings | Joan Roperto |
| Max Clark | Mimi Johnson | Margaret Serrao |
| Vincent Corcoran | Rita Johnson | Stanley Smith |
| Ave Crawford | Michelle Lederman | Bob Sweeney |
| Edith Costello | Carolynne Letendre | Francis Thompson |
| Elke & Blaine | Katherine Malcolm | Jake Voytko |
| D'Amico | Mary Map | Marianne Wall |
| Estelle Danielson | Bob McJury | Helena Ward |
| Lucille Dion | Nancy Miller | Louise Whyte |
| Frank Gettings | Ann Motta | Paul Woods |
| Rosemary Griffin | Michael Murphy | |
| Edward Hallinan, III | Ruth Murphy | |
| Velma Harwood | June Nage | |
| Chuck Heidel | James O'Brien | |

To add/delete from list,
 please call 703-356-7916
 or email: Bulletin@
 stjohncatholicmclean.org

IN PRINCIPIO...*The Big 4-0*

This Wednesday is Ash Wednesday, the beginning of Lent – those forty days of prayer, fasting and almsgiving. But... why *forty*? Why not three days? Or seven? Or twelve? All good Catholic numbers, those. Obviously, and most importantly, the forty days represent the time of our Lord's fasting in the desert. But that only pushes back the question one step: Why did *He* spend forty days? To answer this we can consider other biblical figures and their big 4-0 experiences.

Noah, as we learned as children, was forty days and nights in the ark. Moses spent forty days on Mt. Sinai...twice. The Israelites wandered in the desert forty *years* (so, no complaining about forty days!). The prophet Elijah journeyed forty days. The people of Israel suffered Goliath's torments forty days. Our Lord, as mentioned, was in the desert forty days. (*I am leaving some out: can you guess them? Answers next week.*)

In each instance, the duration of forty leads to something new. The time spent in the ark, on the mountain, or in travel is *preparation* for something – preparation in particular for a new living out of the covenant with God. At the end of the forty...Noah entered into a new covenant with God, Moses received the Ten Commandments...and then won pardon for his people, the Israelites entered the promised land, Elijah renewed devotion to the covenant on Mt. Sinai, David defeated Goliath, and Jesus began His public ministry – the institution of the New Covenant. In each case the forty is not a time of waiting but a time of trial, testing and purification, so that the individuals and/or nation could enter a greater intimacy with God.

So should it be for us. Our Lenten Forty has a goal. It is not just a matter of toughing it out, biting the bullet, holding our breath, or white-knuckling it until Easter. It is a time of testing, trial, and purification – *so that we can live the New Covenant with more devotion and love*. At the end of these forty days we should be more devoted and stronger spiritually – as our forefathers were. Many, perhaps most Catholics, experience a certain letdown after Lent. Perhaps that is because we do not see the forty days properly – as a time with a goal and purpose.

This year we will have *a forty within the forty*. Beginning February 28th at 2PM we will observe the traditional Forty Hours Devotion at the parish. We will have exposition of the Blessed Sacrament after the Noon Mass on Sunday the 28th and then Eucharistic adoration continuously (except during Mass) for forty hours, until the morning of Tuesday, March 2nd. Fr. Basil Cole, OP will give reflections in the evenings and we will have devotions and extra time for confession. This is a time for us *as a parish* to imitate our spiritual ancestors and purify ourselves even more intensely for that covenant that Easter brings.

In the weeks to come there will be sign up sheets in the vestibule for the hours of adoration. I urge you to set aside time to spend with the Lord so that as a parish we will keep those forty hours with great devotion and love – and be rewarded by a greater intimacy with Christ. The Israelites were rewarded with the Holy Land. In keeping these forty hours within the forty days our parish will receive the reward of many great graces.

– Fr. Paul Scalia



Announcements

BISHOP'S LENTEN APPEAL (BLA): This weekend parishioners will have the opportunity to support the "2010 Bishop's Lenten Appeal - Charity is Faith in Action". Please be generous. The BLA funds help support diocesan offices and ministries that serve tens of thousands of people each year.

SENIORS: See you on Tuesday, February 16th for Mass and lunch. The magical voices of the St. John Academy Boys Children's Choir led by Master of Music, David Lang, will entertain us. For a late reservation call Gladys Brennan at 703-821-2547.

FAT TUESDAY/MARDI GRAS PARTY: Join us in the Parish Hall at 6:30pm on Tuesday, February 16th, for our Mardi Gras/Fat Tuesday party. There will be delicious New Orleans style food, including, Gumbo, Jambalaya, Beignets, King Cake, etc. You may drop off your palms to be burned on the way into the party. For more information, or to volunteer to cook, contact Mrs. Angie Beaver at abeaver3@cox.net.

ASH WEDNESDAY: Lent begins this Wednesday, February 17th. Ashes will be distributed during the 6:30am, 9:00am, 12:00N (Traditional Latin), 4:30pm and 7:30pm Masses. Day of Fast & Abstinence.

Abstinence: Is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age or older. Ash Wednesday, Good Friday and the Fridays during Lent are days of abstinence.

Fast & Abstinence: In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18 - 59 years (Inclusive). On days of fasting, such as Ash Wednesday and Good Friday, one full meal is allowed. Two smaller meals sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. You may not eat between meals, but liquids are permitted.

Note: if a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition.

ASH WEDNESDAY SPECIAL COLLECTION: There will be a special collection on Ash Wednesday, February 17th, for the Aid to the Church in Central and Eastern Europe! Your donation will help to spread the Faith in these countries.

News from
"The Word"

St. John Parish Book & Gift Shop

The WORD is closed today so your volunteers may enjoy the three day weekend with their families. We will be open on Wednesday, which is Ash Wednesday. Stop by and pick up some spiritual reading for Lent. We can suggest a title if you are unsure of where to begin.

The Word is open on Wednesday evenings, Friday mornings, and Sundays after all the Masses.

STATIONS OF THE CROSS: On Friday, February 19th and each ensuing Friday during Lent we will have Stations of the Cross at 7:30pm.

ST. JOHN ACADEMY GALA RESCHEDULED: The Gala, "Roman Holiday", postponed last week because of snow will be held, "God willing", on February 20th, same time, same place.

THRIFT SHOP NEWS ~ Quality at Bargain Prices:
Tues. - Fri. 11:00 am - 2:00 pm & Sat. 10:00 am-1:00 pm
Come in and see our exceptionally fine selection of Men's, Women's and Children's Spring clothing and accessories. We are again accepting donations of clean and usable clothing and household items. Thank you for your support. If you have any questions please call during business hours (703)-356-7420.

COFFEE & DOUGHNUTS: "Coffee & Doughnuts" this Sunday after the 9:00am & 10:30am Masses are being hosted by the St. John's Pro-Life Committee. Thanks to the members of the St. John's CURSILLO for hosting last Sunday.

SUNDAY LENTEN SERIES BEGINS: Our Parochial Vicar, Rev. James Poumade will be giving a series of talks on "Modern Technology and Morality" on Sundays, February 28th - March 28th at 7:00pm in the Adult Education Room of the Cauwe Center.

THE LIGHT IS ON FOR YOU: "The Light is On for You" is an initiative of the diocese of Arlington, in partnership with the Archdiocese of Washington to enable all Catholics to avail themselves of the Sacrament of Penance. Confession is a wonderful opportunity to draw closer to our Lord. In addition to regularly scheduled Confession times, the Sacrament of Penance will be held every Wednesday during Lent from 6:30pm - 8:00pm in every Catholic Church in the Diocese of Arlington and the Archdiocese of Washington. Learn more at www.the-light-is-on.org.



Altar Servers

Monday, February 15, 2010

7:30pm-TLM Special Schedule

Ash Wednesday, February 17

4:30pm Alexander, Burke, H. Dixon, Dolans, Shank

7:30pm Cermak, Eysers, Prabhu

Friday, February 19, Stations of the Cross

7:30pm Alexander, Mea, Murray

Saturday, February 20

8:15am Myers

5:00pm **Vigil** D’Ermes, Hogan, M. Steiner-Robles
J. Tidwell, Wunderlich

Sunday, February 21

7:30am Franco, McCormack, Pacious

9:00am Alligood, Baban, Fisher, Gorka, Shank

10:30am Alexander, Ludwicks, J. Himpler, Pope

12:00pm W. Manaker, Manns

CAR RAFFLE: Car raffle tickets have been mailed to each family. You should receive them soon! We are participating with All Saints; a more generous venture than purchasing a vehicle on our own and each purchaser has a chance to win one of the five cars! This makes “selling” at work or to family and friends more like an opportunity – just show them the ticket – it will sell itself! If you did not receive any car raffle tickets and would like to receive some, email Patrick Quest at pquest@stjohnacademy.org.

ST. JOHN THE BELOVED CLASSICS BOOK CLUB:

St. John’s is starting a Classics Book Club. Each third Saturday, after St. John’s 8:15am Mass, members of the club will meet at the Chesterbrook Starbucks to discuss the classic book of the month. The book for February is “Brideshead Revisited” by Evelyn Waugh. Come upstairs and sit around the fire, sip coffee and talk to other parishioners who share your love of reading. Hope to see you on February 20th! For more information, contact Laura Pennefather: lpenefather@stjohncatholicmclean.org.

St. John Senior Youth Group

Next Meeting: Sunday, February 28th

Open Gym Night 6:00pm - 8:00pm

Cheese Fondue with Snacks

Contact Sebastien Jansen, Youth Director, at sebastienjansen@yahoo.com with any questions.

McLean CURSILLO ULTREYA: Please join us Thursday evening, February 18, at the home of Greg and Barbara Glaros, 7734 Bridle Path Lane McLean, at 7:30pm for our monthly Cursillo Ultreya meeting. Learn more about the Cursillo method of spiritual enrichment through piety, study, and action -- in addition to good food and fellowship. Please join us! Questions? Contact Mark Clemente 703-847-1575.

THIRD FRIDAY OF THE MONTH WITH SJMG: February 19th, 10:00-12:00 N, Adult Ed Room, Cauwe Bldg. ~ St. John’s Mother’s Group “Daytime Compendium Study” (Compendium is a 200-page volume which offers a quick synopsis of the Catechism in a Question & Answer format.) Baby sitting will be provided. To see text details, please go to <http://tinyurl.com/m4ugov>. For more information on this and other Mother’s Group activities, you may email them at SJMG-owner@yahoo.com.

ATTENTION MARRIED & ENGAGED COUPLES: Has anyone every explained to you **WHY** the Catholic Church does not approve of unnatural birth control? For most of us, the answer is **NO**. Learn about your faith and discover a natural method of family planning that goes beyond the physical. A three-part Natural Family Planning course will take place at St. James Catholic Church, 905 Park Ave., Falls Church, VA 22046, in Heller Hall on Saturday, March 13th, April 10th and May 8th from 2:00pm to 4:30pm. For more information, contact Stephen and Susan Baumert at 703-652-4637 or nfp@stjamescatholic.org. Online class registration is available at <http://www.ccli.org>.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 14	February 15	February 16	February 17	February 18	February 19	February 20
	<p>Sew & So Forth 9:45am DR Rm</p> <p>Legion of Mary 7:30pm DR Rm</p> <p>Low TLM 7:30pm</p>	<p>Seniors: Mass 11:30am Lunch in PH</p> <p>Jr. Legion of Mary 3:30pm DR Rm</p>	<p>ASH WEDNESDAY</p> <p>Masses: 6:30am 9:00am 12:00 Noon (TLM) 4:30pm</p>	<p>St. Gregory Choir 7:30pm</p>	<p>SJMG 10:00am</p> <p>Stations of the Cross 7:30pm</p>	<p>St. John Academy Gala “Roman Holiday” Cauwe Ctr.</p>

NEXT SUNDAY'S SECOND COLLECTION: The 2nd collection next Sunday, February 21, is the "National Collection for Black & Indian Missions".

SHARE SUNDAY: Next Sunday, February 21, is Share Sunday. In the last two months of 2009, Share served 308 families, consisting of over 1,000 family members. In these difficult times, your support is very much needed. A car will be outside the church during the Masses next weekend to receive your donations. Special needs are paper towels, toilet paper, diapers, & dish and laundry detergents. Monetary donations will be used to assist families with emergencies for rent, utilities, and medical bills. Please make checks payable to St. John with "Share" on the memo line. Thank you.

From the Music Desk...

"What Are the Eight Myths About Church Music? Dispelling eight myths about church music."

Myth 4. We are supposed to sing 4 hymns at Mass.

Catholics in the United States have become used to singing a hymn at the entrance, at the offertory, during Communion and at the recessional at Sunday Mass. This "four-hymn sandwich" actually harkens back to pre-Vatican II days in which congregations who could not pull off Latin music were allowed to sing English hymns at Low Masses.

When English was allowed in the Mass and the rite of Mass changed, many parishes continued this practice, albeit often with different music. While hymns are allowed at Mass, they are not actually what the church asks for during those times.

The missal, the large book from which the priest reads the prayers at Mass, provides short scriptural sentences called antiphons for the entrance and communion. In the church's legislation on sacred music, these antiphons have pride of place for singing in the Mass. The antiphons are intimately connected with the other prayers of each Sunday's Mass. The church allows for substitutions with other appropriate songs, but they should be modeled in character after those antiphons.

Hymns are not a part of the Roman Eucharistic Liturgy; they belong more properly to the Liturgy of the Hours. The church prefers the antiphons drawn from the Bible to hymns composed by people.

David Lang, Master of Music

CONFIRMATION UPDATES:

Private Catholic School parents (Heights, Oakcrest, etc.) of **7th Graders** who intend to have their child receive the Sacrament of Confirmation at St. John next fall as 8th graders **must register** in the St. John Religious Education Program **by March 1, 2010**. Please call the Religious Education office at 703-356-5275 or email the director, Laura Pennefather, at lpennefather@stjohncatholicmclean.org to register or to make arrangements to pick up the St. John Confirmation Handbook. If you delay, your child may not receive the Sacrament of Confirmation.

All parents of St. John's 7th graders (SJA, CCD, Homeschool & private schools) who have candidates preparing for Confirmation are required to attend the Confirmation Meeting for Parents on Wednesday, April 21, 2010 from 7:30 - 8:30pm in the Parish Hall. Father Scalia will be giving a Theology Class for the parents on the Sacrament of Confirmation.

ADULT CONFIRMATION CLASSES BEGIN: Are you 16 years of age or older and have never been Confirmed? If you would like to receive the Sacrament of Confirmation on Pentecost Sunday, you will need to attend four preparation classes.

Adult Confirmation Classes begin in March. The Classes will be held on Thursdays, March 4, March 11, March 18 and March 25 from 5:00pm - 6:00pm. For more information or to register, please call Laura Pennefather in the St. John Religious Education Office at 703-356-5275.

WELCOME: We welcome the following recently registered (in order of registration date) families to St. John the Beloved Catholic Church and its community of faith: Mr. & Mrs. Stephen Baumert, Mr. Paul Hession, Mr. & Mrs. Marcin Firlej, Mr. & Mrs. William Colwell, Mr. & Mrs. John Flanagan, Mr. Brian Onufrychuk, Mrs. Nancy Lauler.

THANK YOU ST. JOHN'S: Due to your support, our "8th Annual Gift for Life Campaign" (Advent Giving Tree) raised a record \$120,000.00, of which your parish generously donated \$10,255.00. As you know these funds are used to give compassionate care through Gabriel Project and Project Rachel two ministries of the Office for Family Life. Through your outpouring of charitable giving, the mercy of God continues to touch the hearts of so many who are most in need in the Diocese of Arlington. Thank you and God bless you.

MASS OBLIGATION IN SEVERE WEATHER: All baptized Catholics are obliged to attend Mass on Sundays and Holy Days of Obligation. However, there are particular circumstances or conditions that may excuse a Catholic from this obligation. If you are ill, homebound, or if there are severe weather conditions that make attending Mass dangerous to your safety or that of others, you are excused from the obligation. In such cases, if you are unable to attend Mass, the Church recommends making a spiritual Communion and spending time in prayer.

FLU SEASON REMINDER: As the Flu season has been extended, we will as we have in the past, continue to dispense with the "Sign of Peace" during Mass. You may, of course, offer your loved ones and family members the "Sign of Peace"!

NATIONAL GALLERY OF ART ~ "The Sacred Made Real" Exhibition. Intending to bring the sacred to life, religious artists of 17th century Spain created arrestingly realistic sculptures and paintings that still have the power to shock the senses and stir the soul. This show will offer visitors a unique opportunity to experience polychrome sculpture – an art form rarely seen outside Spain – by such masters as Juan Martinez Montañés and Francisco Pacheco, alongside paintings, including masterpieces by Diego Velázquez and Francisco de Zurbarán, that achieved the same realism on canvas.

From February 28th through May 31st, the National Gallery of Art on the National Mall will be the only U.S. venue for the first major exhibition revealing the relationship between these art forms in "The Sacred Made Real: Spanish Painting and Sculpture, 1600-1700". Many of the sculptures have never been exhibited away from the Spanish churches, convents, and monasteries where they continue to inspire the faithful. For more information on the exhibition and scheduled events, visit www.nga.gov/sacred.

ATTN: CATHOLIC MEDICAL PROFESSIONALS Archbishop Edwin F. O'Brien, of the Archdiocese of Baltimore invites you to the Second Annual Symposium for Catholic Medical Professionals, entitled "End of Life Care and the Catholic Medical Professional," on March 6th, from 1:00pm to 4:30pm at St. Agnes Hospital in Baltimore. The program will include a talk by human rights advocate Wesley Smith, J.D., and a panel discussion featuring Dr. F. Michael Gloth, Dr. Marie Hilliard, and Rev. Michael A. DeAscanis, S.T.L. For more information, go to www.archbalt.org/respect-life/catholic-healthcare-symposium.cfm.

Institute of Catholic Culture Presents:

The Fall of Jerusalem:

Timothy O'Donnell, STD

Thursday, February 18 @ 7:30pm

EVENT LOCATION:

St. Ambrose Catholic Church
3829 Woodburn Road
Annandale, VA 22003

Special Topic:

The Pope, the Anglicans & the Mass

Fr. Joseph Fessio, S.J.

Sunday, February 21 @ 7:30pm

EVENT LOCATION:

St. Ambrose Catholic Church
3829 Woodburn Road
Annandale, VA 22003

Natural Law:

The Image of God in the Heart of Man

Rev. Paul D. Scalia

Saturday, February 27 @ 7:30pm

EVENT LOCATION:

St. Bernadette Catholic Church
70 University Blvd. East
Silver Spring, MD 20901

More Information: www.SJICC.com or 703-504-8733

The Institute of Catholic Culture is a non-profit Catholic educational institute dedicated to the re-evangelization of our society through the restoration of authentic Catholic Adult Catechesis.

Free Admission! No Reservations Required!

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